

**SOUTH COAST CONFERENCE
2010 MEN'S TRACK AND FIELD
SCC CHAMPIONSHIPS/TEAM RESULTS**

April 27/May 1---At Mt. San Antonio College

FINAL RESULTS	Points
1. Mt. San Antonio	272
2. Cerritos	242
3. El Camino	96
4. Pasadena City	61
5. Long Beach City	53
6. ECC Compton Center	13
7. LA Trade Tech	12
8. LA Southwest	10
9. East Los Angeles	9

INDIVIDUAL EVENTS/TOP 3 PLACINGS LISTED *2-Time SCC Champ in Event

100m Dash—1. Ameer Webb (CER) 10.26, 2. Isaiah Sims (PCC) 10.63, 3. Jacoby Nguyen (MSAC) 10.69

200m Dash—1. Ameer Webb (CER) 21.00, 2. Kevin Avery (CER) 21.66, 3. Juan Tapia (CER) 21.67

400m Dash—1. Juan Tapia (CER) 48.25, 2. Laron Taylor (CER) 48.59, 3. Manoah Wesson (COMP) 48.62

800m Run—1. Gabriel Hilbert (CER) 1:55.81, 2. Torion Bailey (CER) 1:57.21, 3. Daniel King (CER) 1:57.40

1,500m Run—1. Gabriel Hilbert (CER) 3:55.97, 2. David Cardona (ECC) 3:57.64, 3. Richard Zarazua (PCC) 4:00.04

5,000m Run—1. David Cardona (ECC) 15:06.71, 2. Jose Lezama (ECC) 15:06.72, 3. Gustavo Cruz (MSAC) 15:21.26

10,000m Run—1. Jose Lezama (ECC) 32:46.84, 2. Gustavo Cruz (MSAC) 33:24.12, 3. Angel Aguirre (CER) 33:51.68

110m Hurdles—1. Marcus Pope (MSAC) 14.01, 2. John Harris (MSAC) 14.22, 3. Emilio Estrada (MSAC) 14.59

400m Hurdles—1. Marcus Pope (MSAC) 52.70, 2. Ricco McCloud (LBCC) 53.88, 3. Kevin Jones (CER) 54.95

3,000m Steeplechase—1. Ernesto Rodriguez (PCC) 9:49.9, 2. Jason Zapien (CER) 9:50.2, 3. Sean Whitesitt (MSAC) 9:53.7

4x100 Relay—1. Mt. San Antonio 42.02, 2. Pasadena 42.57, 3. LA Southwest 44.09

4x400 Relay—1. Mt. San Antonio 3:14.68, 2. Cerritos 3:15.24, 3. Long Beach 3:20.35

High Jump—1. Justin Bethea (MSAC) 6-8, 2. Cordell Allmond (MSAC) 6-2, 3. Eddie Hughes (ECC) 6-2

Pole Vault—1. Jordan Alviso (MSAC) 16-0, 2. Dusty Brown (MSAC) 15-6, 3. Edgar Pellecer (MSAC) 15-0

Long Jump—1. De Marshay Lockett (CER) 23-8.25, 2. John Harris (MSAC) 23-5.25, 3. Eddie Hughes (ECC) 22-9.5

Triple Jump—1. Aaron Burke (CER), 46-3.25; 2. Eddie Hughes (ECC) 45-2.75, 3. Sweeney Williams (CER) 43-10

Shot Put—1. Sony Theodate (CER) 49-0.5, 2. Joel Baez (MSAC) 47-1.75, 3. Samuel Carrington (CER) 47-1.5

Discus—1. Joel Baez (MSAC) 150-2, 2. Vincent Huitt (CER) 145-7, 3. Sony Theodate (CER) 143-7

Hammer Throw—1. Vincent Huitt (CER) 163-11, 2. Noe Sosa (CER) 159-1, 3. Joel Baez (MSAC) 158-1

Javelin—1. Adam Bianchessi (MSAC) 191-4, 2. Benjamin Woodruff (ECC) 185-1, 3. Mark Horist (MSAC) 168-1

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2010 WOMEN'S TRACK AND FIELD
SCC CHAMPIONSHIPS/TEAM RESULTS**

April 27/May 1---At Mt. San Antonio College

FINAL RESULTS	Points
1. Mt. San Antonio	301.5
2. Cerritos	237
3. El Camino	71.5
T4. LA Southwest	41
T4. Pasadena City	41
6. LA Trade Tech	24
7. East Los Angeles	18
8. Long Beach City	17
9. ECC Compton Center	13

INDIVIDUAL EVENTS/TOP 3 PLACINGS LISTED *2-Time SCC Champ in Event

- 100m Dash—1. Uchechi Anunkor (MSAC) 11.94, 2. Bryana Smith (CER) 12.14, 3. Danielle Thomas (CER) 12.18
- 200m Dash—1. Tanisha Hawkins (CER) 24.11, 2. Shale Garland (ECC) 24.41, 3. Danielle Thomas (CER) 24.92
- 400m Dash—1. Sade Williams (CER) 55.18, 2. Tanisha Hawkins (CER) 55.51, 3. Shale Garland (ECC) 56.00
- 800m Run—1. Danielle Low (LATT) 2:13.81, 2. Tracee van der Wyk (PCC) 2:15.16, 3. Alison Bartosch (CER) 2:16.09
- 1,500m Run—1. Tracee van der Wyk (PCC) 4:39.52, 2. Lenore Moreno (MSAC) 4:47.49, 3. Alison Bartosch (CER) 4:51.68
- 5,000m Run—1. *Lenore Moreno (MSAC) 17:36.99, 2. Mallory Celaya (MSAC) 17:41.96, 3. Jaasmin Pina (MSAC) 18:17.63
- 10,000m Run—1. *Lenore Moreno (MSAC) 36:51.79, 2. Jaasmin Pina (MSAC) 37:45.56, 3. Mallory Celaya (MSAC) 37:52.69
- 100m Low Hurdles—1. Shakina Philips (LASW) 14.19, 2. Champagne Houston (COMP) 15.13, 3. Robin Hannah (MSAC) 15.67
- 400m Hurdles—1. Shakina Philips (LASW) 1:05.16, 2. Elizabeth Sims (CER) 1:06.43, 3. KayC Wharton (ECC) 1:06.44
- 3,000m Steeplechase—1. Mallory Celaya (MSAC) 11:01.2, 2. Tracee van der Wyk (PCC) 11:23.6, 3. Evelyne Ruiz (MSAC) 11:46.0
- 4x100 Relay—1. *Cerritos 46.24, 2. Mt. San Antonio 47.41, 3. LA Southwest 48.72
- 4x400 Relay—1. Cerritos 3:55.10, 2. El Camino 3:57.42, 3. Mt. San Antonio 3:59.50
- High Jump—1. Aundrea Stovall (CER) 5-2, 2. Jill Schmidt (ELAC) 5-2, 3. Robin Hannah (MSAC) 5-2, 4. Bronze Adams (MSAC) 5-2
- Pole Vault—1. Kara Kalmar (ECC) 10-6, 2. Veronica Galvan (MSAC) 10-6, 3. Aundrea Stovall (CER) 10-0
- Long Jump—1. Cyntrail Pierce (CER) 17-4, 2. Shavette Williams (ECC) 16-9, 3. Jasmine Carter (MSAC) 16-8.5
- Triple Jump—1. Jasmine Carter (MSAC) 37-6.75, 2. Zakiya Cameron (CER) 36-8.75, 3. Aundrea Stovall (CER) 35-2.5
- Shot Put—1. Janay Tillett (CER) 42-11.75, 2. Maria Savea (CER) 41-10.5, 3. Linda Rueff (MSAC) 40-2
- Discus—1. Linda Rueff (MSAC) 130-3, 2. Noel Wright (MSAC) 128-7, 3. Catherine Chidester (MSAC) 120-1
- Hammer Throw—1. *Arianna Lugo (CER) 154-4, 2. Stephanie Serna (MSAC) 137-4, 3. Linda Rueff (MSAC) 127-1
- Javelin—1. Maria Savea (CER) 117-2, 2. Aundrea Stovall (CER) 112-2, 3. Linda Rueff (MSAC) 97-4