

**SOUTH COAST CONFERENCE
2013 MEN'S and WOMEN'S TRACK AND FIELD
SCC CHAMPIONSHIPS/TEAM RESULTS**

April 23/April 26---At Mt. San Antonio College, Hilmer Lodge Stadium

<u>MEN</u>		<u>WOMEN</u>	
FINAL RESULTS	Points	FINAL RESULTS	Points
1. Cerritos	259.5	1. Cerritos	288
2. Mt. San Antonio	221	2. Mt. San Antonio	197
3. Pasadena City	140.5	3. Pasadena City	76
4. El Camino	61	4. El Camino	73
5. East Los Angeles	38	5. LA Trade Tech	43
6. Long Beach City	38	6. Long Beach City	39
7. LA Trade Tech	15	7. East Los Angeles	31
8. ECC Compton Center	3		

INDIVIDUAL EVENT CHAMPIONS

100m Dash—MEN—Dominic Jones, MT. SAC, 10.66; WOMEN—Omhunique Browne, Pasadena City, 11.33
200m Dash—MEN—Vivaswan Shetty, Pasadena City, 21.37; WOMEN—Omhunique Browne, Pasadena City, 23.46
400m Dash—MEN—Christian White, Pasadena City, 47.60; WOMEN—Ariel Burch, Mt. SAC, 55.99
800m Run—MEN—Adam Vega, Cerritos, 1:55.95; WOMEN—Brittany Householder, El Camino, 2:19.29
1,500m Run—MEN—Thomas Poston, Cerritos, 3:56.37; WOMEN—Maira Solis, Cerritos, 4:45.74
5,000m Run—MEN—Brandon Taylor, Cerritos, 15:10.46; WOMEN—Ruth Rodarte, LA Trade Tech, 18:44.84
10,000m Run—MEN—Munir Kahssay, Cerritos, 31:10.65; WOMEN—Miriam Jimenez, Mt. SAC, 39:49.84
110m Hurdles—MEN—Toure McCully, Mt. SAC, 14.38; WOMEN--100m Hurdles—Alexis Dalton, Cerritos, 14.10
400m Hurdles—MEN—Khaleel Green, Pasadena City, 54.36; WOMEN—Bria Edwards, Mt. SAC, 1:01.75
3,000m Steeplechase—MEN—#Brandon Taylor, Cerritos, 9:41.10; WOMEN—Amineh Beltran, Cerritos, 11:52.90
4x100 Relay—MEN—#Mt. San Antonio, 40.81; WOMEN—Long Beach City, 49.70
4x400 Relay—MEN—#Mt. San Antonio, 3:14.31; WOMEN—Mt. San Antonio, 3:50.05
High Jump—MEN—Adam Aguirre, 2.07m; WOMEN—Alexus Dalton, Cerritos, 1.57m
Pole Vault—MEN—Adrian Ramirez, Mt. SAC, 4.64m; WOMEN—Tiziana Ruiz, Mt. SAC, 3.47m
Long Jump—MEN—Dionbrea Norris, Cerritos, 7.25m; WOMEN—Alexus Dalton, 5.66m
Triple Jump—MEN—Ricky Carrigan Jr. 14.44m; WOMEN—Kierra Miller, Cerritos, 11.87m
Shot Put—MEN—Christopher Street, El Camino, 13.93m; WOMEN—Melanie Samvalian, Mt. SAC, 13.05m
Discus—MEN—Caleb Wood, Pasadena City, 44.37m; WOMEN—Larrisha Fields, Cerritos, 43.97m
Hammer Throw—MEN—Joe Leonard, Cerritos, 45.98m; WOMEN—Carissa English, Cerritos, 47.06m
Javelin—MEN—#Caleb Wood, Pasadena, 56.09m; WOMEN—#Angel Sifuentes, Cerritos, 40.35m

#--Repeat SCC Champion