

**SOUTH COAST CONFERENCE
2014 MEN'S and WOMEN'S TRACK AND FIELD
SCC CHAMPIONSHIPS/TEAM RESULTS**

April 22/April 25---at Long Beach City College

<u>MEN</u>		<u>WOMEN</u>	
FINAL RESULTS	Points	FINAL RESULTS	Points
1. Mt. San Antonio	306.5	1. Cerritos	285
2. Cerritos	240	2. Mt. San Antonio	253
3. El Camino	119.5	3. El Camino	111
4. East Los Angeles	55	4. Pasadena City	48
5. Pasadena City	16	5. East Los Angeles	30
6. LA Trade Tech	11	6. LA Trade Tech	18
7. ECC Compton Center	7	7. ECC Compton Center	7
		8. Long Beach City	3

INDIVIDUAL EVENT CHAMPIONS

100m Dash—MEN—Isaiah Kennedy, Mt. SAC, 10.58; WOMEN—Sarah Dunmore, Mt. SAC, 11.64
200m Dash—MEN—Kyree King, Mt. SAC, 20.94; WOMEN—Sarah Dunmore, Mt. SAC, 24.31
400m Dash—MEN—Terrell White, Cerritos, 48.33; WOMEN—Breanna Clark, Pasadena City, 56.10
800m Run—MEN—Francisco Ortiz, Cerritos, 1:57.40; WOMEN—Raven Nunez, El Camino, 2:22.63
1,500m Run—MEN—Francisco Ortiz, Cerritos, 4:06.62; WOMEN—Sierra Ungerman, Mt. SAC, 4:49.25
5,000m Run—MEN—Gonzalo Ceja, East Los Angeles, 15:36.82 WOMEN—Sierra Ungerman, Mt. SAC, 18:35.21
10,000m Run—MEN—Elvis Salinas, Cerritos, 32:28.69; WOMEN—Nichelle Jackson, Mt. SAC, 41:17.57
110m Hurdles—MEN—#Toure McCully, Mt. SAC, 14.47; WOMEN--100m Hurdles—Syrea Hicks, El Camino, 14.17
400m Hurdles—MEN—Mackenzi Rickman, Cerritos, 54.96; WOMEN—Crystal Lizaola, El Camino, 1:02.11
3,000m Steeplechase—MEN—Gonzalo Ceja, East Los Angeles, 9:29.38; WOMEN—Patricia Hurley, Cerritos, 11:52.04
4x100 Relay—MEN—#Mt. San Antonio, 41.13; WOMEN—Mt. San Antonio, 47.24
4x400 Relay— MEN—#Mt. San Antonio, 3:15.90; WOMEN—El Camino, 3:55.14
High Jump—MEN— Miles Poullard, Mt. SAC, 2.09 m; WOMEN—#Alexus Dalton, Cerritos, 1.63 m
Pole Vault— MEN—Phillipe Ueng, Mt. SAC, 4.75 m; WOMEN—#Tiziana Ruiz, Mt. SAC, 3.85 m
Long Jump— MEN—Miles Poullard, Mt. SAC, 7.24 m; WOMEN—#Alexus Dalton, Cerritos, 5.82 m
Triple Jump— MEN—Anthony Applequist, Mt. SAC, 14.26 m; WOMEN—Marielle Owens, Cerritos, 11.18 m
Shot Put—MEN—#Christopher Street, El Camino, 15.20 m; WOMEN—Destiny Mack-Talalemotu, Cerritos, 13.73 m
Discus—MEN—#&Hector Alarcon, Mt. SAC, 50.04 m; WOMEN—Destiny Mack-Talalemotu, Cerritos, 47.18 m
Hammer Throw—MEN—Hector Alarcon, Mt. SAC, 50.29 m; WOMEN—Dorienne Ordaz, Cerritos, 43.10 m
Javelin—MEN—Adam Aguirre, Cerritos, 57.10 m; WOMEN—Destiny Mack-Talalemotu, Cerritos, 40.27 m

#--Repeat SCC Champion &--2-time SCC champ from 2012