

**SOUTH COAST CONFERENCE  
2015 MEN'S and WOMEN'S TRACK AND FIELD  
SCC CHAMPIONSHIPS/TEAM RESULTS**

April 22/April 25---at Cerritos College

<b>MEN</b>		<b>WOMEN</b>	
<b>FINAL RESULTS</b>	<b>Points</b>	<b>FINAL RESULTS</b>	<b>Points</b>
1. Mt. San Antonio	271.67	1. Cerritos	314.33
2. Cerritos	198	2. Mt. San Antonio	275.17
3. El Camino	121.33	3. El Camino	70.5
4. Long Beach City	70	4. East Los Angeles	45
5. Pasadena City	53	5. Long Beach City	39
6. East Los Angeles	39	6. Pasadena City	8
7. LA Trade Tech	15	7. LA Trade Tech	2

**INDIVIDUAL EVENT CHAMPIONS**

**100m Dash**—MEN—Armani McNeal, Mt. SAC, 10.61; WOMEN—#Sarah Dunmore, Mt. SAC, 11.86  
**200m Dash**—MEN—Virjilio Griggs, Cerritos, 21.29; WOMEN—#Sarah Dunmore, Mt. SAC, 24.94  
**400m Dash**—MEN—Alexander McElwee, Pasadena, 46.91; WOMEN—Jhaylen Ball, Mt. SAC, 57.48  
**800m Run**—MEN—Gabe Toscano, Mt. SAC, 1:54.02; WOMEN—Jocelyn Orozco, Cerritos, 2:18.40  
**1,500m Run**—MEN—Anthony Lozano, Cerritos, 3:58.04; WOMEN—Ariel Melendez, Cerritos, 4:43.36  
**5,000m Run**—MEN—Daniel Harrigan-Cota, Mt. SAC, 15:20.20; WOMEN—Laura Aceves, East Los Angeles, 18:06.27  
**10,000m Run**—MEN—Teddy Kassa, El Camino, 32:01.05; WOMEN—#Nichelle Jackson, Mt. SAC, 39:17.53  
**110m Hurdles**—MEN—Juan Ward, Cerritos, 14.15; WOMEN--100m Hurdles—Jenal Vickers, Cerritos, 14.48  
**400m Hurdles**—MEN—Juan Ward, Cerritos, 53.51; WOMEN—Kiara Speed, Mt. SAC, 1:04.96  
**3,000m Steeplechase**—MEN—Teddy Kassa, El Camino, 9:28.51; WOMEN—Laura Aceves, East Los Angeles, 11:12.3:  
**4x100 Relay**—MEN—#&Mt. San Antonio, 41.25; WOMEN—#Mt. San Antonio, 47.03  
**4x400 Relay**— MEN—El Camino, 3:13.13; WOMEN—Mt. San Antonio, 3:55.03  
**High Jump**—MEN— William Ingram, El Camino, 2.02 m; WOMEN—Breanna Curry, Cerritos, 1.56 m  
**Pole Vault**— MEN—Giovanni Hernandez, Mt. SAC, 4.68 m; WOMEN—Deirdre Mercado, Mt. SAC, 3.40 m  
**Long Jump**— MEN—Joshua Taylor, East Los Angeles, 6.93 m; WOMEN—Jordan Agnew, Cerritos, 5.48 m  
**Triple Jump**— MEN—Myles Davis (Hickman), Cerritos, 14.01 m; WOMEN—Raiven Ellis, Cerritos, 11.68 m  
**Shot Put**—MEN—Matthew Seawright, Cerritos, 13.90 m; WOMEN—Sisilia Puaka, Cerritos, 12.98 m  
**Discus**—MEN—Matthew Seawright, Cerritos, 49.65 m; WOMEN—Carolyn Nguyen, Mt. SAC, 35.22 m  
**Hammer Throw**—MEN—Matthew Seawright, 56.46 m; WOMEN—Jessica Tobias, Cerritos, 42.01 m  
**Javelin**—MEN—Cade Lindsay, Mt. SAC, 52.92 m; WOMEN—Deirdre Mercado, Mt. SAC, 36.23 m

**#--Repeat SCC Champion      &--6-time SCC champ since 2010**