

Mid-Continent Conference Track and Field Championship • May 10-11, 1997

University of Buffalo

Men: 1. Youngstown State 271½; 2. Troy 129; 3. Western Illinois 121; 4. Kansas City 112½; 5. Buffalo 105; 6. Central Connecticut State 41; 7. Chicago State 23; 8. Valparaiso 12.

Women: 1. Youngstown State 171½; 2. Western Illinois 170½; 3. Kansas City 164½; 4. Buffalo 155; 5. Troy 61½; 6. Valparaiso 40; 7. Central Connecticut State 13; 8. Chicago State 3.

<u>Men</u>			<u>Men</u>		
100 Meter			Shot Put		
1. Tywone Kingsby	Western Illinois	11.44	1. Albert Lucas	Troy	50-6¾
200 Meter			Discus		
1. Kofi Owusu-Ansah	Youngstown	22.66	1. Marc McIntyre	Troy	150-1
400 Meter			Hammer		
1. Dion Hall	Troy	48.31	1. Colin Klier	Youngstown	158-0
800 Meter			Javelin		
1. Michael Gover	Troy	1:56.25	1. Adam Verock	C. Connecticut	176-6
4. Dave Clabeaux	Buffalo		2. Matt Streng	Buffalo	
1500 Meter			Decathlon		
1. Bob Bond	Youngstown	4:05.37	1. Jason Pope	Youngstown	6,275
3K Steeplechase					
1. Bob Bond	Youngstown	9:13.77			
5K Meter				<u>Women</u>	
1. Don Craig	Youngstown	15:26.93	100 Meter		
10K Meter			1. Natasha Kieser	Kansas City	12.97
1. John Stanley	Troy	31:27.18	200 Meter		
110 M Hurdles			1. Natasha Kieser	Kansas City	26.70
1. Doug Fredrick	Kansas City	16.33	4. Lisa Kragbe	Buffalo	
2. Ryan Candia	Buffalo		400 Meter		
400M Hurdles			1. Marcella Scaife	Youngstown	57.14
1. Jeff Fitch	Kansas City	54.71	3. Lisa Kragbe	Buffalo	
2. Omar Doyley	Buffalo		800 Meter		
4x100 Relay			1. Collette Liss	Valparaiso	2:15.15
1. Western Illinois		42.27	1500 Meter		
4x400 Relay			1. Collette Liss	Valparaiso	4:39.28
1. Youngstown State		3:19.57	3K Meter		
High Jump			1. Collette Liss	Valparaiso	9:42.38
1. Jonathon Villacampa	Troy	6-6	5K Meter		
Pole Vault			1. Laura Thomas	Valparaiso	18:16.28
1. Jason Pope	Youngstown	14-11½	10K Meter		
3. Neil Murray	Buffalo		1. Laura Thomas	Valparaiso	37:10.02
Long Jump			100M Hurdles		
1. Clifford Ivory	Troy	23-11½	1. Melissa Ryan	Buffalo	15.24
4. Shaun Sullivan	C. Connecticut	22-5	400M Hurdles		
Triple Jump			1. Julie Weltmer	Kansas City	1:03.38
1. Lamont Dagen	Chicago State	50-6½	3. Melissa Ryan	Buffalo	

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Women

4x100 Relay

1. Kansas City 47.80

4x400 Relay

1. Kansas City 3:53.05

High Jump

1. Shelly Hamilton Buffalo 5-5¾
6. Laura Dorgan C. Connecticut 4-11¾

Long Jump

1. Marcella Scaife Youngstown 18-3¾

Triple Jump

1. Ramyka McDonald Western Illinois 38-0¼

Shot Put

1. Meressa Cornwell Youngstown 43-8

Discus

1. Amber Jennings Western Illinois 146-0

Hammer

1. Ruth Conlon Buffalo 151-9

Javelin

1. Jennifer Bivens Western Illinois 131-7

Heptathlon

1. Terry Scherne Buffalo 4,446