

Mid-Continent Conference Outdoor Track and Field Championship • May 13-15, 2004

Southern Utah University

Men: 1. Southern Utah 282; 2. Western Illinois 242; 3. Oral Roberts 122½; 4. Valparaiso 77; 5. Chicago State 45; 6. Kansas City 41.

Women: 1. Southern Utah 270; 2. Western Illinois 218½; 3. Oral Roberts 142½; 4. Valparaiso 87; 5. Kansas City 57;
6. Chicago State 37.

<u>Men</u>			<u>Men</u>		
100 Meter			Triple Jump		
1. Maurice Moss	Oral Roberts	10.95	1. Cordell Lewis	Western Illinois	49-11¼
200 Meter			Shot Put		
2. Chris Adams	Western Illinois	21.81	1. Tony Snider	Oral Roberts	59-9¾
400 Meter			2. Troy Gent	Southern Utah	
1. Jonathan Rivers	Oral Roberts	46.68	3. Chandler Menteer	Southern Utah	
800 Meter			4. Todd Goodrick	Valparaiso	50-4¾
1. Prince Mumba	Oral Roberts	1:49.76	5. Bryan Bell	Valparaiso	48-8¾
2. Nate Houle	Southern Utah		Discus		
1,500 Meter			1. Troy Gent	Southern Utah	172-10
1. Prince Mumba	Oral Roberts	3:55.12	Hammer		
5. Nate Houle	Southern Utah		1. Robb Pfrank	Western Illinois	194-6
3,000 Steeple			2. Troy Gent	Southern Utah	188-10
1. Cody Moat	Southern Utah	9:38.11	Javelin		
4. Matt Blume	Valparaiso	10:10.08	1. Andy Diecker	Western Illinois	196-9
5,000 Meter			2. Brad Wyatt	Southern Utah	195-2
1. Jess Baumgartner	Southern Utah	15:49.26	Decathlon		
2. Code Moat	Southern Utah		1. Brad Wyatt	Southern Utah	6,312
3. Shaun Vernon	Southern Utah		2. Ryan Garrett	Western Illinois	
5. Chad Sanda	Southern Utah		3. Mike Henley	Western Illinois	
10,000 Meter			6. Joe Dwyer	Valparaiso	5,167
1. Cody Moat	Southern Utah	33:05.26			
2. James Baumgartner	Southern Utah		Women		
3. Shaun Vernono	Southern Utah		100 Meter		
4. Chad Sanda	Southern Utah		1. Kimberly Smalling	Oral Roberts	12.02
110 M Hurdles			200 Meter		
1. Ransom Minyard,	Southern Utah	14.66	1. Marsha Dawkins	Oral Roberts	24.86
400 M Hurdles			400 Meter		
1. Ransom Minyard	Southern Utah	54.21	1. Marsha Dawkins	Oral Roberts	54.57
4x100 Relay			2. Brittany Watters	Southern Utah	
1. Western Illinois	41.06		800 Meter		
3. Southern Utah	41.47		1. Alisha Bezanson	Southern Utah	2:14.99
4x400 Relay			3. Jackie Favreau	Southern Utah	
1. Western Illinois	3:15.92		4. Carma Barnett	Southern Utah	
High Jump			5. Rachel Nelson	Valparaiso	2:18.90
1. Andy Diecker	Western Illinois	6-8¾	1,500 Meter		
Pole Vault			1. Alisha Bezanson	Southern Utah	4:35.28
1. Brad Wyatt	Southern Utah	14-5¼	3,000 Steeple		
Long Jump			1. Carma Barnett	Southern Utah	11:24.44
1. Cordell Lewis	Western Illinois	22-10½	5. Jo Beth Schmiessing	Valparaiso	12:36.74
2. Josh Lee	Valparaiso	22-8	6. Rachel Stoehr	Valparaiso	13:01.00
4. Wesley Kosko	Valparaiso	21-11½			

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Women

5,000 Meter

1. Alisha Bezanson	Southern Utah	18:52.16
2. Maegam Schmutz	Southern Utah	
3. Amy Gochnour	Southern Utah	
4. Natalie Quilter	Southern Utah	
5. Carma Barnett	Southern Utah	

10,000 Meter

1. Maegan Schmutz	Southern Utah	40:04.13
2. Nancy Quilter	Southern Utah	
3. Stephanie Hart	Southern Utah	
6. Liz Whiting	Valparaiso	42:08.93

100 M Hurdles

1. Kelly Schoney	Southern Utah	14.04
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400 M Hurdles

1. Lisa Carter	Western Illinois	62.32
2. Sara Oldroyd	Southern Utah	
4. Heather Furr	Valparaiso	69.58

4x100 Relay

1. Oral Roberts	46.05
5. Valparaiso	50.68

4x400 Relay

1. Oral Roberts	3:43.97
2. Southern Utah	
4. Valparaiso	4:00.13

High Jump

1. Gabrielle Fitzpatrick	Chicago State	5-4¾
6. Martha Josephson	Valparaiso	5-2¼

Pole Vault

1. Rachel Viau	Oral Roberts	12-9½
2. Marie Muscato	Southern Utah	11-10¾
3. Amanda Meyer	Valparaiso	10-10

Long Jump

1. DeAnna Riley	Chicago State	19-6
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Triple Jump

1. Courtney Henderson	Oral Roberts	38-2¼
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Women

Shot Put

1. Aubrey Martin	Western Illinois	55-4¾
2. Jennifer Gilson	Western Illinois	51-9¾
4. Holly Hagen	Valparaiso	42-10¼
6. Emily Marsicek	Valparaiso	41-1¾

Discus

1. Aubrey Martin	Western Illinois	155-3
4. Holly Hagen	Valparaiso	119-7

Hammer

1. Jennifer Gilson	Western Illinois	186-10
2. Aubrey Martin	Western Illinois	
3. Cassandra Harrell	Southern Utah	46.25
4. Ashley Morrison	Southern Utah	
6. Katie Vogt	Valparaiso	132-9

Javelin

1. Selena Thayne	Southern Utah	128-11
2. Jessica Cherrington	Valparaiso	123-4
6. Heather Furr	Valparaiso	105-10

Heptathlon

1. Kandice Eardley	Southern Utah	4,616
2. Kari Diem	Western Illinois	4,582
4. Heather Furr	Valparaiso	3,969