

Mid-Continent Conference Track and Field Championship • May 12-14, 2005

University of Missouri- Kansas City

Men: 1. Southern Utah 243; 2. Western Illinois 203; 3. Oral Roberts 168; 4. Kansas City 93; 5. Valparaiso 52; 6. Chicago State 47.

Women: 1. Western Illinois 232; 2. Oral Roberts 220; 3. Southern Utah 134; 4. Valparaiso 112; 5. Kansas City 106; 6. Chicago State 9.

Men

100 Meter

1. Maurice Moss	Oral Roberts	10.81
2. Ernest Stranz	Oral Roberts	11.14
5. Jon Coussens	Oral Roberts	11.22

200 Meter

1. Chris Adams	Western Illinois	21.86
2. Maurice Moss	Oral Roberts	21.90
5. Ernest Stranz	Oral Roberts	22.23
6. Jon Coussens	Oral Roberts	22.39

400 Meter

1. Andretti Bain	Oral Roberts	48.02
3. John Rivers	Oral Roberts	49.08

800 Meter

1. Shaun Smith	Oral Roberts	1:51.73
2. Prince Mumba	Oral Roberts	1:52.10

1,500 Meter

1. James Wanjiku	Oral Roberts	3:56.13
2. Shaun Smith	Oral Roberts	3:57.57
4. Prince Mumba	Oral Roberts	3:57.94

3,000 Steeple

1. Brad Parker	Southern Utah	9:20.14
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5,000 Meter

1. Chad Sanada	Southern Utah	14:59.40
2. Jess Baumgartner	Southern Utah	15:01.40
3. Kevin Sandall	Southern Utah	15:10.76

10,000 Meter

1. Jess Baumgartner	Southern Utah	32:43.58
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110 M Hurdles

1. Steve Hansen	Southern Utah	14.68
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400 M Hurdles

1. Steve Hansen	Southern Utah	52.95
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4x100 Relay

1. Kansas City	42.03
2. Oral Roberts	42.06

4x400 Relay

1. Oral Roberts	3:15.92
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High Jump

1. Derrick Smith	Chicago State	6-8 ³ / ₄
6. Claude Green	Oral Roberts	6-2 ³ / ₄

Men

Pole Vault

1. Steve Elliot	Oral Roberts	16-6 ³ / ₄
2. B.J. Taylore	Southern Utah	15-7

Long Jump

1. Joshua Lee	Valparaiso	23-9 ¹ / ₂
6. Chris White	Oral Roberts	21-0 ³ / ₄

Triple Jump

1. Stephon Harden	Chicago State	47-5 ³ / ₄
2. Mike Joachimoksi	Oral Roberts	46-8 ¹ / ₄

Shot Put

1. Sean Delahunt	Western Illinois	53-6 ¹ / ₂
4. Dave Rivera	Oral Roberts	48-3 ¹ / ₂

Discus

1. Ryan Billingsley	Western Illinois	172-10
2. Troy Gent	Southern Utah	166-4
3. Greg Watson	Southern Utah	155-3

Hammer

1. Troy Gent	Southern Utah	196-5
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Javelin

1. Brad Wyatt	Southern Utah	187-0
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Decathlon

1. Brian Taylor	Southern Utah	6,437
3. Ernest Martinez	Oral Roberts	5,887

Women

100 Meter

1. Audra Bark	Western Illinois	12.03
2. Kim Smalling	Oral Roberts	12.23
3. Kristie Johnson	Southern Utah	12.29
4. Dollie Mitchell	Oral Roberts	12.39

200 Meter

1. Aisha Mitchell	Oral Roberts	24.22
4. Kim Smalling	Oral Roberts	25.04
6. Dollie Mitchell	Oral Roberts	25.19

400 Meter

1. Aisha Mitchell	Oral Roberts	54.85
2. Tanisha Guthrie	Oral Roberts	56.77
3. Brittany Watters	Southern Utah	57.32
6. Latonya Swanson	Oral Roberts	58.85

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Women

800 Meter

1. Mable Kunihiro	Oral Roberts	2:12.00
3. Christine Angweech	Oral Roberts	2:16.05
5. Theresa McLachlin	Oral Roberts	2:16.13

1500 Meter

1. Mable Kunihiro	Oral Roberts	4:34.30
2. Diana Chelimo	Oral Roberts	4:36.77

3,000 Steeple

1. Sarah Swain	Western Illinois	11:07.53
5. Kara Cassall	Oral Roberts	11:55.07

5,000 Meter

1. Diana Chelimo	Oral Roberts	17:30.52
4. Amy Gochnour	Southern Utah	17:59.72
5. Tawny Parker	Southern Utah	18:34.62

10,000 Meter

1. Christine Ensign	Kansas City	37:17.41
3. Faithy Kamanglia	Oral Roberts	40:21.43

100 M Hurdles

1. Kelly Schoney	Southern Utah	13.91
2. Courtney Henderson	Oral Roberts	14.59

400 M Hurdles

1. Tanisha Guthrie	Oral Roberts	62.01
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4x100 Relay

1. Oral Roberts	46.50
2. Southern Utah	47.19

4x400 Relay

1. Oral Roberts	3:45.67
3. Southern Utah	3:53.30

Women

High Jump

1. Courtney Huber	Kansas City	5-7
3. Heidi Shepherd	Southern Utah	5-3
6. Mercedes Bellamy	Oral Roberts	5-3

Pole Vault

1. Marie Muscato	Southern Utah	11-11 ³ / ₄
2. Nikol Zachery	Oral Roberts	11-5 ³ / ₄
6. Kartrina Jackson	Oral Roberts	10-0

Long Jump

1. Mercedes Bellamy	Oral Roberts	18-8
2. Courtney Henderson	Oral Roberts	18-7 ¹ / ₄
4. Nikol Zachery	Oral Roberts	17-8 ³ / ₄
5. Leslie Thaxton	Oral Roberts	17-0 ¹ / ₂

Triple Jump

1. Courtney Henderson	Oral Roberts	39-10 ³ / ₄
2. English Clark	Oral Roberts	38-2
6. Lizz Berg	Oral Roberts	34-11 ¹ / ₄

Shot Put

1. Aubrey Martin	Western Illinois	53-0 ³ / ₄
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Discus

1. Aubrey Martin	Western Illinois	152-0
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Hammer

1. Aubrey Martin	Western Illinois	181-8
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Javelin

1. Monica Holmes	Southern Utah	40.51m
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Heptathlon

1. Allison Karns	Western Illinois	4,166
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