

Mid-Continent Conference Indoor Track and Field Championship • February 28-March 1, 2005

Flagstaff, Arizona

Men: 1. Oral Roberts 178½; 2. Southern Utah 150; 3. Western Illinois 134½; 4. Chicago State 62; 5. Valparaiso 47; 6. Kansas City 45.

Women: 1. Oral Roberts 223; 2. Western Illinois 119½; 3. Southern Utah 116½; 4. Valparaiso 69½; 5. Kansas City 67½; 6. Chicago State 18.

Men

60 Meter

1. Maurice Moss	Oral Roberts	6.88
2. Elliott Powell	Valparaiso	6.90
3. Phil Britt	Southern Utah	

60M Hurdles

1. Brian Blocker	Oral Roberts	8.29
2. Steve Hansen	Southern Utah	8.34
4. Shain Manuele	Southern Utah	

200 Meter

1. Chris Adams	Western Illinois	21.76
----------------	------------------	-------

400 Meter

1. Andretti Bain	Oral Roberts	46.80
------------------	--------------	-------

800 Meter

1. Shaun Smith	Oral Roberts	1:51.05
2. Prince Mumba	Oral Roberts	1:52.29

Mile Run

1. James Wanjiku	Oral Roberts	4:15.81
------------------	--------------	---------

3K Meter

1. Jess Baumgartner	Southern Utah	8:46.76
2. James Wanjiku	Oral Roberts	
3. Brad Parker	Southern Utah	
4. Shaun Vernon	Southern Utah	
5. Kevin Sandall	Southern Utah	
6. Charles Degnan	Southern Utah	

5K Meter

1. Jess Baumgartner	Southern Utah	15:19.78
2. Chad Sanda	Southern Utah	
3. Shaun Vernonon	Southern Utah	
4. Kevin Sandall	Southern Utah	
5. Brad Parkere	Southern Utah	

DMR

1. Oral Roberts	10:40.53
2. Southern Utah	
4. Valparaiso	11:10.85

4x400 Relay

1. Oral Roberts	3:15.70
2. Chicago St.	3:15.85
3. Southern Utah	3:17.11

High Jump

1. Derrick Smith	Chicago State	6-11½
------------------	---------------	-------

Men

Pole Vault

1. Brian Taylor	Southern Utah	16-0¾
-----------------	---------------	-------

Long Jump

1. Brian Blocker	Oral Roberts	23-0¾
2. Josh Lee	Valparaiso	22-3

Triple Jump

1. Michael Joachimoski	Oral Roberts	47-11¼
------------------------	--------------	--------

Shot Put

1. Sean Delahunt	Western Illinois	52-9¾
2. Todd Goodrick	Valparaiso	52-4
5. Troy Gent	Southern Utah	48-5½

Weight Throw

1. Robb Pfrank	Western Illinois	67-0¾
----------------	------------------	-------

Women

60 Meter

1. Aisha Mitchell	Oral Roberts	7.68
-------------------	--------------	------

60M Hurdles

1. Courtney Henderson	Oral Roberts	8.85
2. Melanie Wilson	Valparaiso	9.00
3. Cathy Decker	Southern Utah	

200 Meter

1. Aisha Mitchell	Oral Roberts	24.82
-------------------	--------------	-------

400 Meter

1. Aisha Mitchell	Oral Roberts	55.49
2. Brittany Watters	Southern Utah	

800 Meter

1. Mable Kunihira	Oral Roberts	2:13.53
2. Danielle Byrd	Southern Utah	
3. Brityn Willis	Southern Utah	

Mile Run

1. Mable Kunihira	Oral Roberts	5:15.69
6. JoBeth Schmiessing	Valparaiso	5:29.01

3K Meter

1. Faithy Kamangila	Oral Roberts	10:33.16
2. Tawny Parks	Southern Utah	

5K Meter

1. Faithy Kamangila	Oral Roberts	18:11.75
---------------------	--------------	----------

Mid-Continent Conference Indoor Track and Field Championship • February 28-March 1, 2005

Flagstaff, Arizona

Men: 1. Oral Roberts 178½; 2. Southern Utah 150; 3. Western Illinois 134½; 4. Chicago State 62; 5. Valparaiso 47; 6. Kansas City 45.

Women: 1. Oral Roberts 223; 2. Western Illinois 119½; 3. Southern Utah 116½; 4. Valparaiso 69½; 5. Kansas City 67½; 6. Chicago State 18.

Women

4x400 Relay

1. Oral Roberts	3:45.33
2. Southern Utah	
5. Valparaiso	4:09.18

DMR

1. Oral Roberts	12:46.66
2. Southern Utah	
3. Valparaiso	13:11.74

High Jump

1. Jessica Hulburt	Kansas City	5-5¾
--------------------	-------------	------

Pole Vault

1. Marie Muscato	Southern Utah	11-5¾
4. Amanda Meyer	Valparaiso	10-11

Long Jump

1. Courtney Henderson	Oral Roberts	19-0
6. Wilson	Valparaiso	17-8¾

Triple Jump

1. English Clark	Oral Robert	39-10¾
2. Melanie Wilson	Valparaiso	38-4

Shot Put

1. Aubrey Martin	Western Illinois	54-5
3. Emille Marsicek	Valparaiso	43-6
4. Holly Hagen	Valparaiso	41-2½

Weight Throw

1. Aubrey Martin	Western Illinois	59-10½
2. Holly Hagen	Valparaiso	52-6¾
6. Emille Marsicek	Valparaiso	44-8¼