

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****Women 100 Meter Dash**

| Name | Year School | Prelims | Wind | H# |
|----------------------------|---------------|---------|------|----------|
| Preliminaries | | | | |
| 1 Laurent, Jimlyn | Methodist | 12.47Q | 0.2 | 4 |
| 2 Malik, Khatirah | Berea | 12.48Q | 1.0 | 1 |
| 3 Thomas, Essence | Meredith | 12.49Q | 2.1 | 2 |
| 4 Hill, Anteca | Piedmont | 12.68Q | 0.9 | 3 |
| 5 Hughes, Jasmine | Piedmont | 12.51q | 2.1 | 2 |
| 6 Harper, Jada | Berea | 12.77q | 0.2 | 4 |
| 7 Robinson, Kaylee | Berea | 12.79q | 0.2 | 4 |
| 8 Bartholomew, Tiffany | Pfeiffer | 12.95q | 0.9 | 3 |
| 9 Reid, Courtney | Piedmont | 12.98 | 1.0 | 1 |
| 10 Strickland, Dai'jah | William Peace | 13.04 | 0.9 | 3 |
| 11 Whitlock, Kimeesha | Methodist | 13.17 | 0.9 | 3 |
| 12 Heigley, Leta | Berea | 13.33 | 0.2 | 4 |
| 13 Mitchell, Demia | Piedmont | 13.34 | 2.1 | 2 |
| 14 Howell, Elizabeth | Piedmont | 13.54 | 0.9 | 3 |
| 15 Moran, Mary | Mary Baldwin | 13.73 | 0.2 | 4 |
| 16 Raynor-Brewington, Jada | William Peace | 13.74 | 1.0 | 1 |
| 17 Winstead, Logan | Pfeiffer | 13.75 | 0.2 | 4 |
| 18 Barnes, Myla | William Peace | 13.79 | 1.0 | 1 |
| 19 Silas, Alli | Berea | 13.81 | 1.0 | 1 |
| 20 Cloud-Morton, Caitlyn | Brevard | 14.18 | 0.9 | 3 14.176 |
| 20 Ross, Trinity | Methodist | 14.18 | 2.1 | 2 14.176 |
| 22 Taylor, Shaniya | William Peace | 14.18 | 2.1 | 2 14.180 |
| 23 Nuako, Jasmine | Mary Baldwin | 14.77 | 1.0 | 1 |
| 24 Kyo, Nai-Yu | Mary Baldwin | 15.38 | 0.9 | 3 |
| 25 Barden, Sesaly | Mary Baldwin | 16.31 | 2.1 | 2 |
| 26 Wheeler, Shyonia | Mary Baldwin | 16.38 | 0.2 | 4 |

Women 100 Meter Dash

| Name | Year School | Finals | Wind | Points |
|------------------------|-------------|--------|------|--------|
| Finals | | | | |
| 1 Laurent, Jimlyn | Methodist | 12.43 | -0.3 | 10 |
| 2 Malik, Khatirah | Berea | 12.50 | -0.3 | 8 |
| 3 Hill, Anteca | Piedmont | 12.81 | -0.3 | 6 |
| 4 Hughes, Jasmine | Piedmont | 12.88 | -0.3 | 4 |
| 5 Thomas, Essence | Meredith | 12.89 | -0.3 | 2 |
| 6 Robinson, Kaylee | Berea | 12.91 | -0.3 | 1 |
| 7 Harper, Jada | Berea | 13.05 | -0.3 | |
| 8 Bartholomew, Tiffany | Pfeiffer | 13.14 | -0.3 | |

Women 200 Meter Dash

| Name | Year School | Prelims | Wind | H# |
|----------------------|--------------|---------|------|----|
| Preliminaries | | | | |
| 1 Robinson, Kaylee | Berea | 25.84Q | 0.7 | 2 |
| 2 Malik, Khatirah | Berea | 25.87Q | 0.7 | 4 |
| 3 Thomas, Essence | Meredith | 26.10Q | 1.0 | 1 |
| 4 Laurent, Jimlyn | Methodist | 26.50Q | +0.0 | 3 |
| 5 Wardy, Alice | Mary Baldwin | 27.05Q | 0.4 | 5 |
| 6 Hughes, Jasmine | Piedmont | 26.29q | 1.0 | 1 |

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| | | | | |
|----------------------------|---------------|--------|------|---|
| 7 Hill, Anteca | Piedmont | 26.30q | 0.7 | 2 |
| 8 Bennett, Marketta | William Peace | 26.57q | +0.0 | 3 |
| 9 Harper, Jada | Berea | 26.86 | 0.7 | 4 |
| 10 Strickland, Dai'jah | William Peace | 27.08 | 0.4 | 5 |
| 11 Bentley, Brina | Pfeiffer | 27.28 | 0.7 | 4 |
| 12 Reid, Courtney | Piedmont | 27.31 | 0.4 | 5 |
| 13 Moore, Machiah | Methodist | 27.32 | 0.7 | 2 |
| 14 Heigley, Leta | Berea | 27.68 | +0.0 | 3 |
| 15 Mague, Olivia | Methodist | 27.78 | 1.0 | 1 |
| 16 Mitchell, Demia | Piedmont | 28.20 | 0.7 | 4 |
| 17 Howell, Elizabeth | Piedmont | 28.34 | 1.0 | 1 |
| 18 Roberts, Virginia Kay | Covenant | 28.51 | 0.4 | 5 |
| 19 Hawkins, Lanesha | William Peace | 28.73 | 0.7 | 2 |
| 20 Winstead, Logan | Pfeiffer | 28.82 | +0.0 | 3 |
| 21 Moran, Mary | Mary Baldwin | 29.15 | 0.4 | 5 |
| 22 Silas, Alli | Berea | 29.31 | 1.0 | 1 |
| 23 Ross, Trinity | Methodist | 29.52 | 0.7 | 2 |
| 24 Green, Sonje | Mary Baldwin | 29.54 | 1.0 | 1 |
| 25 Walter, Anna | Covenant | 29.58 | 1.0 | 1 |
| 26 Raynor-Brewington, Jada | William Peace | 30.00 | +0.0 | 3 |
| 27 Taylor, Shaniya | William Peace | 30.48 | 0.7 | 4 |
| 28 Nuako, Jasmine | Mary Baldwin | 30.67 | 0.7 | 4 |
| 29 Cloud-Morton, Caitlyn | Brevard | 31.04 | 0.7 | 2 |
| 30 Free, Nykia | Mary Baldwin | 31.27 | +0.0 | 3 |
| 31 Floyd-Beaty, Moranda | Pfeiffer | 31.34 | 0.4 | 5 |
| 32 Gutierrez, Helen | Mary Baldwin | 32.38 | 0.4 | 5 |
| 33 Kyo, Nai-Yu | Mary Baldwin | 32.67 | 0.7 | 2 |
| 34 Ortlip, Ellen | Covenant | 34.00 | 0.7 | 4 |
| 35 Wheeler, Shyonia | Mary Baldwin | 35.34 | +0.0 | 3 |
| 36 Barden, Sesaly | Mary Baldwin | 35.82 | 1.0 | 1 |

Women 200 Meter Dash

| Name | Year School | Finals | Wind | Points |
|---------------------|---------------|--------|------|--------|
| Finals | | | | |
| 1 Malik, Khatirah | Berea | 25.64 | -0.2 | 10 |
| 2 Laurent, Jimlyn | Methodist | 26.32 | -0.2 | 8 |
| 3 Robinson, Kaylee | Berea | 26.42 | -0.2 | 6 |
| 4 Wardy, Alice | Mary Baldwin | 26.73 | -0.2 | 4 |
| 5 Thomas, Essence | Meredith | 26.83 | -0.2 | 2 |
| 6 Bennett, Marketta | William Peace | 27.01 | -0.2 | 1 |
| 7 Hughes, Jasmine | Piedmont | 27.19 | -0.2 | |
| 8 Hill, Anteca | Piedmont | 27.43 | -0.2 | |

Women 400 Meter Dash

| Name | Year School | Finals | H# | Points |
|---------------------|---------------|---------|----|--------|
| 1 Robinson, Kaylee | Berea | 58.95 | 3 | 10 |
| 2 Wardy, Alice | Mary Baldwin | 1:00.66 | 3 | 8 |
| 3 Thomas, Essence | Meredith | 1:01.09 | 3 | 6 |
| 4 Bennett, Marketta | William Peace | 1:01.74 | 3 | 4 |
| 5 Bentley, Brina | Pfeiffer | 1:02.49 | 3 | 2 |
| 6 Graham, Julia | Piedmont | 1:02.50 | 1 | 1 |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019
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Results

....Women 400 Meter Dash

| | | | | | |
|----|-----------------------|--------------|---------|---|----------------|
| 7 | Heigley, Leta | Berea | 1:03.45 | 3 | |
| 8 | Musgrove, Quinland | Mary Baldwin | 1:03.60 | 3 | |
| 9 | Roberts, Virginia Kay | Covenant | 1:04.34 | 2 | |
| 10 | Patterson, Chakalyn | Methodist | 1:04.53 | 2 | |
| 11 | Green, Sonje | Mary Baldwin | 1:05.01 | 2 | |
| 12 | Winstead, Logan | Pfeiffer | 1:07.58 | 2 | |
| 13 | Walter, Anna | Covenant | 1:08.24 | 2 | |
| 14 | Moran, Mary | Mary Baldwin | 1:09.18 | 2 | |
| 15 | Thigpen, Deoni | Piedmont | 1:09.19 | 2 | |
| 16 | Kelley, Kristy | Mary Baldwin | 1:09.38 | 1 | |
| 17 | Cloud-Morton, Caitlyn | Brevard | 1:12.92 | 1 | |
| 18 | Olshove, Maggie | Mary Baldwin | 1:13.96 | 1 | |
| 19 | Gutierrez, Helen | Mary Baldwin | 1:15.50 | 1 | |
| 20 | Wheeler, Shyonia | Mary Baldwin | 1:24.65 | 1 | |
| -- | Holmes, Morgan | Mary Baldwin | DQ | 3 | Line violation |

Women 800 Meter Run

| Name | Year School | Finals | H# | Points |
|------|----------------------|---------------------|---------|--------|
| 1 | Lipperd, Sarah Kate | Covenant | 2:22.18 | 4 10 |
| | 1:10.232 (1:10.232) | 2:22.180 (1:11.948) | | |
| 2 | Bradach, Analee | Piedmont | 2:25.47 | 4 8 |
| | 1:12.191 (1:12.191) | 2:25.462 (1:13.271) | | |
| 3 | Bethel, Sophia | Piedmont | 2:27.25 | 4 6 |
| | 1:12.116 (1:12.116) | 2:27.243 (1:15.127) | | |
| 4 | Melstead, Rachel | Berea | 2:29.99 | 4 4 |
| | 1:12.730 (1:12.730) | 2:29.983 (1:17.254) | | |
| 5 | Bucknam, Allie | Meredith | 2:31.21 | 4 2 |
| | 1:10.647 (1:10.647) | 2:31.203 (1:20.556) | | |
| 6 | Mellhuish, Mary Beth | Berea | 2:32.45 | 4 1 |
| | 1:11.456 (1:11.456) | 2:32.444 (1:20.988) | | |
| 7 | Rittgers, Nichole | Covenant | 2:32.73 | 3 |
| | 1:17.390 (1:17.390) | 2:32.724 (1:15.335) | | |
| 8 | Spencer, Kylie | Pfeiffer | 2:32.76 | 4 |
| | 1:12.431 (1:12.431) | 2:32.751 (1:20.320) | | |
| 9 | Hughes, Jenna | Berea | 2:33.38 | 3 |
| | 1:16.908 (1:16.908) | 2:33.378 (1:16.470) | | |
| 10 | Henry, Maggie | Covenant | 2:33.80 | 4 |
| | 1:14.644 (1:14.644) | 2:33.799 (1:19.155) | | |
| 11 | Musgrove, Quinland | Mary Baldwin | 2:40.31 | 3 |
| | 1:16.722 (1:16.722) | 2:40.306 (1:23.584) | | |
| 12 | Eastham, Tylan | Berea | 2:42.37 | 3 |
| | 1:22.074 (1:22.074) | 2:42.370 (1:20.296) | | |
| 13 | Kelley, Kristy | Mary Baldwin | 2:42.82 | 3 |
| | 1:21.730 (1:21.730) | 2:42.812 (1:21.083) | | |
| 14 | Green, Sonje | Mary Baldwin | 2:43.39 | 2 |
| | 1:24.675 (1:24.675) | 2:43.386 (1:18.711) | | |
| 15 | Cotta, Rachel | Covenant | 2:48.68 | 3 |
| | 1:18.806 (1:18.806) | 2:48.672 (1:29.867) | | |
| 16 | Jackson, Saralisa | Berea | 2:48.71 | 1 |
| | 1:21.283 (1:21.283) | 2:48.707 (1:27.424) | | |
| 17 | Ortiz, Mitxi | Meredith | 2:48.95 | 2 |
| | 1:21.643 (1:21.643) | 2:48.950 (1:27.307) | | |

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| | | | | |
|----|-----------------------|---------------------|---------|---|
| 18 | Fitch, Sydney | Covenant | 2:49.96 | 2 |
| | 1:23.775 (1:23.775) | 2:49.957 (1:26.182) | | |
| 19 | Silas, Alli | Berea | 2:49.97 | 2 |
| | 1:21.321 (1:21.321) | 2:49.967 (1:28.647) | | |
| 20 | Thigpen, Deoni | Piedmont | 2:50.03 | 2 |
| | 1:24.159 (1:24.159) | 2:50.029 (1:25.870) | | |
| 21 | Allred, Madeline | Meredith | 2:52.06 | 1 |
| | 1:22.268 (1:22.268) | 2:52.054 (1:29.786) | | |
| 22 | Free, Nykia | Mary Baldwin | 2:53.09 | 1 |
| | 1:26.596 (1:26.596) | 2:53.082 (1:26.486) | | |
| 23 | Ortlip, Ellen | Covenant | 2:53.24 | 1 |
| | 1:24.158 (1:24.158) | 2:53.231 (1:29.074) | | |
| 24 | Ortiz-Perez, Brittany | Berea | 2:54.38 | 1 |
| | 1:26.014 (1:26.014) | 2:54.375 (1:28.362) | | |
| 25 | Wyatt, Meredith | Meredith | 2:54.83 | 1 |
| | 1:20.026 (1:20.026) | 2:54.826 (1:34.800) | | |
| 26 | Roach, Katie | Berea | 2:55.87 | 3 |
| | 1:22.164 (1:22.164) | 2:55.863 (1:33.699) | | |
| 27 | Olshove, Maggie | Mary Baldwin | 2:58.20 | 2 |
| | 1:25.065 (1:25.065) | 2:58.199 (1:33.135) | | |
| 28 | Gutierrez, Helen | Mary Baldwin | 2:59.70 | 1 |
| | 1:27.047 (1:27.047) | 2:59.700 (1:32.654) | | |
| 29 | Jay-Bryner, Tayla | Mary Baldwin | 3:00.15 | 2 |
| | 1:26.298 (1:26.298) | 3:00.149 (1:33.851) | | |
| 30 | Pasley, Isabelle | Meredith | 3:02.74 | 1 |
| | 1:27.063 (1:27.063) | 3:02.731 (1:35.668) | | |
| 31 | Brown, Molly | Brevard | 3:03.83 | 1 |
| | 1:26.335 (1:26.335) | 3:03.823 (1:37.488) | | |
| 32 | Reeder, Josephina | Mary Baldwin | 3:03.90 | 2 |
| | 1:24.713 (1:24.713) | 3:03.898 (1:39.186) | | |
| 33 | Fusetti, Cailen | Pfeiffer | 3:45.32 | 1 |
| | 1:38.686 (1:38.686) | 3:45.316 (2:06.631) | | |

Women 1500 Meter Run

| Name | Year | School | Finals | H# | Points |
|------------------------|---------------------|---------------------|---------------------|----|---------------------|
| 1 Smith, Lilly | | Covenant | 4:50.09 | 2 | 10 |
| | 57.171 (57.171) | 2:16.804 (1:19.634) | 3:32.228 (1:15.424) | | 4:50.089 (1:17.862) |
| 2 Welch, Jamie | | Berea | 4:57.30 | 2 | 8 |
| | 57.771 (57.771) | 2:18.764 (1:20.994) | 3:39.804 (1:21.040) | | 4:57.297 (1:17.494) |
| 3 Melstead, Rachel | | Berea | 5:05.41 | 2 | 6 |
| | 59.123 (59.123) | 2:21.833 (1:22.711) | 3:46.595 (1:24.762) | | 5:05.401 (1:18.807) |
| 4 Spencer, Kylie | | Pfeiffer | 5:07.26 | 2 | 4 |
| | 57.464 (57.464) | 2:18.705 (1:21.242) | 3:45.401 (1:26.696) | | 5:07.253 (1:21.852) |
| 5 Bradach, Analee | | Piedmont | 5:08.00 | 2 | 2 |
| | 1:00.523 (1:00.523) | 2:24.459 (1:23.936) | 3:50.096 (1:25.638) | | 5:08.000 (1:17.904) |
| 6 Mellhuish, Mary Beth | | Berea | 5:09.35 | 2 | 1 |
| | 59.325 (59.325) | 2:22.052 (1:22.727) | 3:47.492 (1:25.440) | | 5:09.345 (1:21.854) |
| 7 Angel, Valeria | | Piedmont | 5:11.20 | 2 | |
| | 59.757 (59.757) | 2:21.456 (1:21.699) | 3:48.219 (1:26.763) | | 5:11.199 (1:22.980) |
| 8 Henry, Maggie | | Covenant | 5:11.77 | 2 | |
| | 58.936 (58.936) | 2:22.313 (1:23.378) | 3:50.532 (1:28.219) | | 5:11.764 (1:21.232) |
| 9 Todd, Casey | | Piedmont | 5:24.72 | 2 | |
| | 1:00.067 (1:00.067) | 2:24.331 (1:24.264) | 3:55.064 (1:30.734) | | 5:24.719 (1:29.655) |

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Results

....Women 1500 Meter Run

| | | | |
|--------------------------|---------------------|---------------------|---------------------|
| 10 Baker, Ashleigh | Covenant | 5:30.15 | 1 |
| 1:02.623 (1:02.623) | 2:31.868 (1:29.246) | 4:03.288 (1:31.420) | 5:30.145 (1:26.858) |
| 11 Heath, Megan | Covenant | 5:31.46 | 1 |
| 1:02.879 (1:02.879) | 2:32.195 (1:29.316) | 4:03.652 (1:31.458) | 5:31.459 (1:27.807) |
| 12 Eastham, Tylan | Berea | 5:31.97 | 2 |
| 1:00.976 (1:00.976) | 2:28.003 (1:27.027) | 4:01.556 (1:33.554) | 5:31.969 (1:30.414) |
| 13 Cotta, Rachel | Covenant | 5:41.57 | 1 |
| 1:00.052 (1:00.052) | 2:27.863 (1:27.811) | 4:03.912 (1:36.050) | 5:41.563 (1:37.651) |
| 14 Evans, Meghan | Meredith | 5:46.15 | 2 |
| 58.877 (58.877) | 2:25.263 (1:26.386) | 4:04.760 (1:39.498) | 5:46.143 (1:41.383) |
| 15 Jackson, Saralisa | Berea | 5:52.06 | 1 |
| 1:03.520 (1:03.520) | 2:35.936 (1:32.416) | 4:18.440 (1:42.504) | 5:52.051 (1:33.611) |
| 16 Fitch, Sydney | Covenant | 5:56.50 | 1 |
| 1:05.992 (1:05.992) | 2:43.320 (1:37.328) | 4:20.788 (1:37.468) | 5:56.497 (1:35.710) |
| 17 Ortiz-Perez, Brittany | Berea | 6:05.41 | 1 |
| 1:06.901 (1:06.901) | 2:43.597 (1:36.696) | 4:26.183 (1:42.586) | 6:05.408 (1:39.226) |
| 18 Roach, Katie | Berea | 6:12.72 | 1 |
| 1:02.639 (1:02.639) | 2:35.707 (1:33.068) | 4:26.841 (1:51.135) | 6:12.717 (1:45.876) |
| 19 Brown, Molly | Brevard | 6:17.48 | 1 |
| 1:07.828 (1:07.828) | 2:50.464 (1:42.636) | 4:38.471 (1:48.007) | 6:17.480 (1:39.010) |
| 20 Fusetti, Cailen | Pfeiffer | 7:33.94 | 1 |
| 1:08.745 (1:08.745) | 3:10.908 (2:02.163) | 5:24.215 (2:13.307) | 7:33.939 (2:09.724) |

Women 5000 Meter Run

| Name | Year School | Finals | Points |
|----------------------|----------------------|----------------------|----------------------|
| 1 Lawler, Makayla | Methodist | 18:26.69 | 10 |
| 43.692 (43.692) | 2:10.679 (1:26.987) | 3:39.424 (1:28.746) | 5:07.872 (1:28.448) |
| 6:36.620 (1:28.748) | 8:05.479 (1:28.859) | 9:34.467 (1:28.988) | 11:03.398 (1:28.931) |
| 12:32.907 (1:29.510) | 14:02.648 (1:29.742) | 15:33.708 (1:31.060) | 17:04.018 (1:30.310) |
| 18:26.682 (1:22.664) | | | |
| 2 DeNigris, Emily | Berea | 18:32.86 | 8 |
| 43.091 (43.091) | 2:10.412 (1:27.322) | 3:39.179 (1:28.767) | 5:07.646 (1:28.467) |
| 6:36.412 (1:28.767) | 8:05.266 (1:28.854) | 9:34.307 (1:29.042) | 11:03.058 (1:28.751) |
| 12:33.210 (1:30.152) | 14:02.752 (1:29.543) | 15:34.023 (1:31.271) | 17:05.344 (1:31.322) |
| 18:32.859 (1:27.515) | | | |
| 3 Settle, Michelann | Covenant | 18:51.46 | 6 |
| 43.476 (43.476) | 2:10.932 (1:27.456) | 3:39.694 (1:28.762) | 5:08.086 (1:28.392) |
| 6:37.008 (1:28.923) | 8:05.884 (1:28.876) | 9:35.144 (1:29.260) | 11:07.391 (1:32.247) |
| 12:40.308 (1:32.918) | 14:13.542 (1:33.234) | 15:47.954 (1:34.412) | 17:23.788 (1:35.835) |
| 18:51.458 (1:27.670) | | | |
| 4 Smith, Lilly | Covenant | 19:07.93 | 4 |
| 43.431 (43.431) | 2:10.492 (1:27.062) | 3:39.216 (1:28.724) | 5:07.664 (1:28.448) |
| 6:36.431 (1:28.767) | 8:05.282 (1:28.851) | 9:34.056 (1:28.775) | 11:02.523 (1:28.467) |
| 12:32.576 (1:30.054) | 14:02.470 (1:29.894) | 15:34.050 (1:31.580) | 17:10.430 (1:36.380) |
| 19:07.930 (1:57.500) | | | |
| 5 Welch, Jamie | Berea | 19:09.64 | 2 |
| 44.642 (44.642) | 2:15.576 (1:30.935) | 3:49.395 (1:33.819) | 5:21.906 (1:32.511) |
| 6:53.640 (1:31.735) | 8:24.876 (1:31.236) | 9:56.235 (1:31.359) | 11:30.268 (1:34.034) |
| 13:03.951 (1:33.683) | 14:37.851 (1:33.900) | 16:11.998 (1:34.147) | 17:45.764 (1:33.767) |
| 19:09.640 (1:23.876) | | | |

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Results

....Women 5000 Meter Run

| | | | | | | | | |
|----|----------------------|----------------------|----------------------|----------------------|--|--|--|--|
| 6 | Samuels, Hannah | Covenant | 19:43.72 | 1 | | | | |
| | 45.086 (45.086) | 2:15.960 (1:30.875) | 3:49.654 (1:33.694) | 5:22.366 (1:32.712) | | | | |
| | 6:54.292 (1:31.927) | 8:27.730 (1:33.438) | 10:02.883 (1:35.154) | 11:39.215 (1:36.332) | | | | |
| | 13:16.220 (1:37.006) | 14:54.180 (1:37.960) | 16:32.568 (1:38.388) | 18:11.252 (1:38.684) | | | | |
| | 19:43.712 (1:32.460) | | | | | | | |
| 7 | Brinson, Macy | Meredith | 20:02.91 | | | | | |
| | 44.376 (44.376) | 2:15.350 (1:30.974) | 3:49.318 (1:33.968) | 5:22.655 (1:33.338) | | | | |
| | 6:58.340 (1:35.686) | 8:36.610 (1:38.270) | 10:14.208 (1:37.599) | 11:53.708 (1:39.500) | | | | |
| | 13:33.363 (1:39.655) | 15:13.247 (1:39.884) | 16:51.796 (1:38.550) | 18:30.634 (1:38.838) | | | | |
| | 20:02.904 (1:32.271) | | | | | | | |
| 8 | Angel, Valeria | Piedmont | 20:19.50 | | | | | |
| | 46.506 (46.506) | 2:18.554 (1:32.048) | 3:51.924 (1:33.371) | 5:27.263 (1:35.339) | | | | |
| | 7:03.754 (1:36.491) | 8:42.440 (1:38.687) | 10:20.464 (1:38.024) | 11:59.732 (1:39.268) | | | | |
| | 13:39.578 (1:39.846) | 15:20.922 (1:41.344) | 17:02.839 (1:41.918) | 18:43.840 (1:41.002) | | | | |
| | 20:19.495 (1:35.655) | | | | | | | |
| 9 | Devine, Mackenzie | Piedmont | 20:21.28 | | | | | |
| | 46.186 (46.186) | 2:18.412 (1:32.227) | 3:51.972 (1:33.560) | 5:27.346 (1:35.374) | | | | |
| | 7:03.791 (1:36.446) | 8:42.534 (1:38.743) | 10:21.646 (1:39.112) | 12:01.622 (1:39.976) | | | | |
| | 13:41.806 (1:40.184) | 15:22.918 (1:41.112) | 17:03.554 (1:40.636) | 18:44.507 (1:40.954) | | | | |
| | 20:21.276 (1:36.770) | | | | | | | |
| 10 | Danek, Anna | Covenant | 20:23.61 | | | | | |
| | 45.339 (45.339) | 2:16.550 (1:31.211) | 3:51.136 (1:34.587) | 5:27.532 (1:36.396) | | | | |
| | 7:03.996 (1:36.464) | 8:42.760 (1:38.764) | 10:20.694 (1:37.934) | 12:00.532 (1:39.839) | | | | |
| | 13:43.352 (1:42.820) | 15:27.294 (1:43.942) | 17:08.791 (1:41.498) | 18:49.583 (1:40.792) | | | | |
| | 20:23.603 (1:34.020) | | | | | | | |
| 11 | Roberts, Caitlyn | Berea | 21:00.15 | | | | | |
| | 47.579 (47.579) | 2:22.612 (1:35.034) | 4:03.862 (1:41.250) | 5:39.482 (1:35.620) | | | | |
| | 7:18.188 (1:38.707) | 8:59.302 (1:41.114) | 10:43.127 (1:43.826) | 12:27.894 (1:44.767) | | | | |
| | 14:12.051 (1:44.158) | 15:54.842 (1:42.791) | 17:39.874 (1:45.032) | 19:22.936 (1:43.063) | | | | |
| | 21:00.150 (1:37.214) | | | | | | | |
| 12 | Ulloa, Urbina | Methodist | 21:12.56 | | | | | |
| | 53.540 (53.540) | 2:39.606 (1:46.066) | 4:23.208 (1:43.603) | 6:04.800 (1:41.592) | | | | |
| | 7:43.694 (1:38.894) | 9:24.982 (1:41.288) | 11:05.683 (1:40.702) | 12:48.423 (1:42.740) | | | | |
| | 14:29.655 (1:41.232) | 16:10.924 (1:41.270) | 17:53.526 (1:42.602) | 19:36.462 (1:42.936) | | | | |
| | 21:12.551 (1:36.090) | | | | | | | |
| 13 | Travis, Emma | Meredith | 21:37.13 | | | | | |
| | 45.910 (45.910) | 2:20.731 (1:34.822) | 4:01.892 (1:41.162) | 5:44.794 (1:42.902) | | | | |
| | 7:28.534 (1:43.740) | 9:15.063 (1:46.530) | 11:02.475 (1:47.412) | 12:48.728 (1:46.254) | | | | |
| | 14:35.527 (1:46.799) | 16:22.716 (1:47.190) | 18:09.936 (1:47.220) | 19:57.586 (1:47.650) | | | | |
| | 21:37.124 (1:39.539) | | | | | | | |
| 14 | Sheehan, Haley | North Caroli | 21:49.16 | | | | | |
| | 52.312 (52.312) | 2:38.935 (1:46.623) | 4:22.872 (1:43.938) | 6:04.376 (1:41.504) | | | | |
| | 7:44.255 (1:39.879) | 9:25.928 (1:41.674) | 11:11.451 (1:45.523) | 12:57.758 (1:46.307) | | | | |
| | 14:46.868 (1:49.111) | 16:35.460 (1:48.592) | 18:25.532 (1:50.072) | 20:13.563 (1:48.031) | | | | |
| | 21:49.156 (1:35.594) | | | | | | | |
| 15 | Bigler, Bethany | Berea | 21:54.37 | | | | | |
| | 47.966 (47.966) | 2:27.163 (1:39.198) | 4:11.655 (1:44.492) | 5:58.808 (1:47.154) | | | | |
| | 7:41.604 (1:42.796) | 9:25.734 (1:44.130) | 11:11.850 (1:46.116) | 12:58.198 (1:46.348) | | | | |
| | 14:47.204 (1:49.007) | 16:35.946 (1:48.742) | 18:24.542 (1:48.596) | 20:10.794 (1:46.252) | | | | |
| | 21:54.370 (1:43.576) | | | | | | | |
| 16 | Pepper, Caroline | Covenant | 22:05.96 | | | | | |
| | 47.208 (47.208) | 2:26.828 (1:39.620) | 4:11.304 (1:44.476) | 5:59.735 (1:48.431) | | | | |
| | 7:45.415 (1:45.680) | 9:32.603 (1:47.188) | 11:23.248 (1:50.646) | 13:12.514 (1:49.266) | | | | |
| | 15:02.979 (1:50.466) | 16:52.486 (1:49.507) | 18:41.368 (1:48.883) | 20:28.900 (1:47.532) | | | | |
| | 22:05.956 (1:37.056) | | | | | | | |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019

4/18/2019 to 4/19/2019

Results

...Women 5000 Meter Run

| | | | | | | |
|----------------------|----------------------|----------------------|----------------------|--|--|--|
| 17 Ball, Hannah | Covenant | 22:09.02 | | | | |
| 48.939 (48.939) | 2:32.612 (1:43.674) | 4:18.908 (1:46.296) | 6:05.651 (1:46.743) | | | |
| 7:52.375 (1:46.724) | 9:40.528 (1:48.154) | 11:29.611 (1:49.083) | 13:16.683 (1:47.072) | | | |
| 15:04.028 (1:47.346) | 16:52.478 (1:48.450) | 18:41.499 (1:49.022) | 20:29.406 (1:47.907) | | | |
| 22:09.015 (1:39.610) | | | | | | |
| 18 Robinson, Ellie | Covenant | 22:37.08 | | | | |
| 48.022 (48.022) | 2:28.640 (1:40.619) | 4:13.547 (1:44.907) | 5:58.516 (1:44.970) | | | |
| 7:41.234 (1:42.718) | 9:25.547 (1:44.314) | 11:20.618 (1:55.071) | 13:15.603 (1:54.986) | | | |
| 15:12.166 (1:56.563) | 17:05.326 (1:53.160) | 18:59.500 (1:54.175) | 20:52.411 (1:52.911) | | | |
| 22:37.079 (1:44.668) | | | | | | |
| -- Clark, Hayley | Berea | DNF | | | | |
| 45.627 (45.627) | 2:19.578 (1:33.951) | 3:59.354 (1:39.776) | 5:39.687 (1:40.334) | | | |
| 7:20.940 (1:41.254) | 9:05.080 (1:44.140) | 10:50.898 (1:45.818) | 12:38.779 (1:47.882) | | | |

Women 10000 Meter Run

| Name | Year School | Finals | Points | | | | |
|----------------------|----------------------|----------------------|----------------------|--|--|--|--|
| 1 Lawler, Makayla | Methodist | 40:23.72 | 10 | | | | |
| 1:21.773 (1:21.773) | 2:54.018 (1:32.245) | 4:25.180 (1:31.162) | 5:54.746 (1:29.566) | | | | |
| 7:25.668 (1:30.922) | 8:57.319 (1:31.651) | 10:29.913 (1:32.594) | 12:06.171 (1:36.258) | | | | |
| 13:41.311 (1:35.140) | 15:17.739 (1:36.428) | 16:55.354 (1:37.615) | 18:34.660 (1:39.306) | | | | |
| 20:12.778 (1:38.118) | 21:51.775 (1:38.997) | 23:31.691 (1:39.916) | 25:15.787 (1:44.096) | | | | |
| 27:01.064 (1:45.277) | 28:42.204 (1:41.140) | 30:24.478 (1:42.274) | 32:06.066 (1:41.588) | | | | |
| 33:48.227 (1:42.161) | 35:28.780 (1:40.553) | 37:10.645 (1:41.865) | 38:52.336 (1:41.691) | | | | |
| 40:23.717 (1:31.381) | | | | | | | |
| 2 DeNigris, Emily | Berea | 42:39.57 | 8 | | | | |
| 1:26.052 (1:26.052) | 2:59.872 (1:33.820) | 4:34.042 (1:34.170) | 6:09.897 (1:35.855) | | | | |
| 7:46.989 (1:37.092) | 9:26.157 (1:39.168) | 11:04.844 (1:38.687) | 12:45.687 (1:40.843) | | | | |
| 14:27.819 (1:42.132) | 16:11.484 (1:43.665) | 17:53.559 (1:42.075) | 19:36.186 (1:42.627) | | | | |
| 21:28.503 (1:52.317) | 23:16.204 (1:47.701) | 24:59.536 (1:43.332) | 26:43.324 (1:43.788) | | | | |
| 28:25.603 (1:42.279) | 30:09.942 (1:44.339) | 31:56.723 (1:46.781) | 33:44.639 (1:47.916) | | | | |
| 35:29.711 (1:45.072) | 37:16.008 (1:46.297) | 39:07.105 (1:51.097) | 40:55.637 (1:48.532) | | | | |
| 42:39.563 (1:43.926) | | | | | | | |
| 3 Samuels, Hannah | Covenant | 43:30.65 | 6 | | | | |
| 1:31.498 (1:31.498) | 3:08.513 (1:37.015) | 4:46.486 (1:37.973) | 6:25.198 (1:38.712) | | | | |
| 8:03.909 (1:38.711) | 9:44.552 (1:40.643) | 11:25.833 (1:41.281) | 13:08.657 (1:42.824) | | | | |
| 14:50.653 (1:41.996) | 16:35.123 (1:44.470) | 18:19.527 (1:44.404) | 20:05.451 (1:45.924) | | | | |
| 21:51.243 (1:45.792) | 23:40.168 (1:48.925) | 25:29.227 (1:49.059) | 27:16.659 (1:47.432) | | | | |
| 29:05.962 (1:49.303) | 30:58.209 (1:52.247) | 32:48.572 (1:50.363) | 34:38.042 (1:49.470) | | | | |
| 36:28.010 (1:49.968) | 38:17.465 (1:49.455) | 40:03.953 (1:46.488) | 41:49.744 (1:45.791) | | | | |
| 43:30.643 (1:40.899) | | | | | | | |
| 4 Clark, Hayley | Berea | 43:59.57 | 4 | | | | |
| 1:35.590 (1:35.590) | 3:12.855 (1:37.265) | 4:51.911 (1:39.056) | 6:33.853 (1:41.942) | | | | |
| 8:17.704 (1:43.851) | 10:02.076 (1:44.372) | 11:45.371 (1:43.295) | 13:31.723 (1:46.352) | | | | |
| 15:21.276 (1:49.553) | 17:08.193 (1:46.917) | 18:55.849 (1:47.656) | 20:42.558 (1:46.709) | | | | |
| 22:31.095 (1:48.537) | 24:19.217 (1:48.122) | 26:07.739 (1:48.522) | 27:56.121 (1:48.382) | | | | |
| 29:44.503 (1:48.382) | 31:31.631 (1:47.128) | 33:18.289 (1:46.658) | 35:07.049 (1:48.760) | | | | |
| 36:52.606 (1:45.557) | 38:39.374 (1:46.768) | 40:26.424 (1:47.050) | 42:11.471 (1:45.047) | | | | |
| 43:59.562 (1:48.091) | | | | | | | |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019
4/18/2019 to 4/19/2019

Results

....Women 10000 Meter Run

| | | | | | | | | |
|----|----------------------|----------------------|----------------------|----------------------|--|--|--|--|
| 5 | Devine, Mackenzie | Piedmont | 44:24.48 | 2 | | | | |
| | 1:35.310 (1:35.310) | 3:12.647 (1:37.337) | 4:51.647 (1:39.000) | 6:33.545 (1:41.898) | | | | |
| | 8:17.444 (1:43.899) | 10:01.704 (1:44.260) | 11:44.999 (1:43.295) | 13:30.100 (1:45.101) | | | | |
| | 15:15.578 (1:45.478) | 17:00.523 (1:44.945) | 18:46.187 (1:45.664) | 20:33.677 (1:47.490) | | | | |
| | 22:21.455 (1:47.778) | 24:07.153 (1:45.698) | 25:56.277 (1:49.124) | 27:46.407 (1:50.130) | | | | |
| | 29:35.556 (1:49.149) | 31:25.355 (1:49.799) | 33:18.053 (1:52.698) | 35:09.927 (1:51.874) | | | | |
| | 37:02.259 (1:52.332) | 38:56.828 (1:54.569) | 40:49.163 (1:52.335) | 42:44.547 (1:55.384) | | | | |
| | 44:24.477 (1:39.930) | | | | | | | |
| 6 | Ulloa, Urbina | Methodist | 45:10.90 | 1 | | | | |
| | 1:51.978 (1:51.978) | 3:38.918 (1:46.940) | 5:20.532 (1:41.614) | 7:04.668 (1:44.136) | | | | |
| | 8:48.283 (1:43.615) | 10:34.077 (1:45.794) | 12:22.844 (1:48.767) | 14:11.888 (1:49.044) | | | | |
| | 16:01.465 (1:49.577) | 17:48.171 (1:46.706) | 19:37.508 (1:49.337) | 21:26.317 (1:48.809) | | | | |
| | 23:14.574 (1:48.257) | 25:02.929 (1:48.355) | 26:52.528 (1:49.599) | 28:42.624 (1:50.096) | | | | |
| | 30:30.221 (1:47.597) | 32:18.778 (1:48.557) | 34:11.641 (1:52.863) | 36:00.066 (1:48.425) | | | | |
| | 37:52.589 (1:52.523) | 39:43.847 (1:51.258) | 41:35.033 (1:51.186) | 43:30.715 (1:55.682) | | | | |
| | 45:10.896 (1:40.181) | | | | | | | |
| 7 | Bolt, Haley | Piedmont | 45:32.88 | | | | | |
| | 1:36.162 (1:36.162) | 3:14.287 (1:38.125) | 4:55.551 (1:41.264) | 6:39.631 (1:44.080) | | | | |
| | 8:24.235 (1:44.604) | 10:09.019 (1:44.784) | 11:55.517 (1:46.498) | 13:44.525 (1:49.008) | | | | |
| | 15:34.440 (1:49.915) | 17:25.023 (1:50.583) | 19:16.379 (1:51.356) | 21:06.631 (1:50.252) | | | | |
| | 22:57.347 (1:50.716) | 24:47.656 (1:50.309) | 26:37.444 (1:49.788) | 28:29.341 (1:51.897) | | | | |
| | 30:21.209 (1:51.868) | 32:13.387 (1:52.178) | 34:07.695 (1:54.308) | 36:00.822 (1:53.127) | | | | |
| | 37:55.429 (1:54.607) | 39:50.063 (1:54.634) | 41:47.876 (1:57.813) | 43:44.582 (1:56.706) | | | | |
| | 45:32.873 (1:48.291) | | | | | | | |
| 8 | Roberts, Caitlyn | Berea | 46:26.14 | | | | | |
| | 1:37.239 (1:37.239) | 3:15.898 (1:38.659) | 4:55.831 (1:39.933) | 6:39.783 (1:43.952) | | | | |
| | 8:23.801 (1:44.018) | 10:07.287 (1:43.486) | 11:50.867 (1:43.580) | 13:39.486 (1:48.619) | | | | |
| | 15:28.400 (1:48.914) | 17:18.951 (1:50.551) | 19:11.618 (1:52.667) | 21:05.336 (1:53.718) | | | | |
| | 22:56.647 (1:51.311) | 24:47.072 (1:50.425) | 26:37.080 (1:50.008) | 28:28.993 (1:51.913) | | | | |
| | 30:21.561 (1:52.568) | 32:13.563 (1:52.002) | 34:08.149 (1:54.586) | 36:05.608 (1:57.459) | | | | |
| | 38:08.875 (2:03.267) | 40:13.917 (2:05.042) | 42:20.126 (2:06.209) | 44:27.611 (2:07.485) | | | | |
| | 46:26.133 (1:58.522) | | | | | | | |
| 9 | Evans, Meghan | Meredith | 47:03.97 | | | | | |
| | 1:35.250 (1:35.250) | 3:12.575 (1:37.325) | 4:51.927 (1:39.352) | 6:33.589 (1:41.662) | | | | |
| | 8:17.832 (1:44.243) | 10:07.163 (1:49.331) | 11:55.293 (1:48.130) | 13:47.408 (1:52.115) | | | | |
| | 15:43.770 (1:56.362) | 17:31.729 (1:47.959) | 19:27.438 (1:55.709) | 21:22.153 (1:54.715) | | | | |
| | 23:27.393 (2:05.240) | 25:23.018 (1:55.625) | 27:25.572 (2:02.554) | 29:25.328 (1:59.756) | | | | |
| | 31:24.431 (1:59.103) | 33:23.794 (1:59.363) | 35:18.943 (1:55.149) | 37:22.742 (2:03.799) | | | | |
| | 39:26.049 (2:03.307) | 41:30.521 (2:04.472) | 43:31.373 (2:00.852) | 45:26.587 (1:55.214) | | | | |
| | 47:03.965 (1:37.378) | | | | | | | |
| 10 | Bigler, Bethany | Berea | 48:50.19 | | | | | |
| | 1:41.356 (1:41.356) | 3:30.623 (1:49.267) | 5:22.628 (1:52.005) | 7:18.063 (1:55.435) | | | | |
| | 9:08.064 (1:50.001) | 11:00.224 (1:52.160) | 12:56.551 (1:56.327) | 14:52.049 (1:55.498) | | | | |
| | 16:48.626 (1:56.577) | 18:46.635 (1:58.009) | 20:45.058 (1:58.423) | 22:44.839 (1:59.781) | | | | |
| | 24:45.099 (2:00.260) | 26:41.869 (1:56.770) | 28:42.860 (2:00.991) | 30:42.877 (2:00.017) | | | | |
| | 32:47.113 (2:04.236) | 34:49.287 (2:02.174) | 36:51.281 (2:01.994) | 38:51.551 (2:00.270) | | | | |
| | 40:52.235 (2:00.684) | 42:51.929 (1:59.694) | 44:54.582 (2:02.653) | 46:53.615 (1:59.033) | | | | |
| | 48:50.184 (1:56.569) | | | | | | | |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****....Women 10000 Meter Run**

| | | | | | |
|----------------------|----------------------|----------------------|----------------------|--|--|
| 11 Ball, Hannah | Covenant | 50:40.47 | | | |
| 1:49.169 (1:49.169) | 3:38.962 (1:49.793) | 5:28.142 (1:49.180) | 7:18.767 (1:50.625) | | |
| 9:08.092 (1:49.325) | 11:00.448 (1:52.356) | 12:56.831 (1:56.383) | 14:53.071 (1:56.240) | | |
| 16:51.520 (1:58.449) | 18:52.001 (2:00.481) | 20:52.515 (2:00.514) | 22:54.477 (2:01.962) | | |
| 24:55.576 (2:01.099) | 26:57.883 (2:02.307) | 29:01.532 (2:03.649) | 31:08.964 (2:07.432) | | |
| 33:17.146 (2:08.182) | 35:24.979 (2:07.833) | 37:37.326 (2:12.347) | 39:52.489 (2:15.163) | | |
| 42:04.484 (2:11.995) | 44:19.628 (2:15.144) | 46:33.638 (2:14.010) | 48:43.864 (2:10.226) | | |
| 50:40.463 (1:56.599) | | | | | |

Women 100 Meter Hurdles

| Name | Year School | Finals | Wind | Points |
|----------------------------|-------------|--------|------|--------|
| 1 Graham, Julia | Piedmont | 15.82 | +0.0 | 10 |
| 2 Henry, Destinee | Berea | 16.06 | +0.0 | 8 |
| 3 Cantrell, Karla | Piedmont | 16.34 | +0.0 | 6 |
| 4 Tingle, Kearstin | Berea | 18.55 | +0.0 | 4 |
| 5 Lautenschlager, Mackenzi | Brevard | 18.93 | +0.0 | 2 |
| 6 Hughes, Jasmine | Piedmont | 20.15 | +0.0 | 1 |

Women 400 Meter Hurdles

| Name | Year School | Finals | H# | Points |
|----------------------------|-------------|---------|----|--------|
| 1 Cantrell, Karla | Piedmont | 1:08.14 | 2 | 10 |
| 2 Henry, Destinee | Berea | 1:08.76 | 2 | 8 |
| 3 Graham, Julia | Piedmont | 1:11.29 | 1 | 6 |
| 4 Hughes, Jasmine | Piedmont | 1:13.66 | 2 | 4 |
| 5 Hill, Rachel | Meredith | 1:15.52 | 2 | 2 |
| 6 Tingle, Kearstin | Berea | 1:16.19 | 2 | 1 |
| 7 Granger, Cameron | Piedmont | 1:18.92 | 1 | |
| 8 Lautenschlager, Mackenzi | Brevard | 1:22.47 | 1 | |
| 9 Jackson, Tyla | Pfeiffer | 1:22.78 | 1 | |
| 10 Travis, Emma | Meredith | 1:25.26 | 2 | |
| -- Mague, Olivia | Methodist | DNF | 2 | |

Women 3000 Meter Steeplechase

| Name | Year School | Finals | Points |
|------------------------|---------------------|----------------------|----------------------|
| 1 Mellhuish, Mary Beth | Berea | 12:34.78 | 10 |
| 51.733 (51.733) | 2:28.507 (1:36.774) | 4:06.490 (1:37.983) | 5:46.735 (1:40.245) |
| 7:26.728 (1:39.993) | 9:09.648 (1:42.920) | 10:54.313 (1:44.665) | 12:34.777 (1:40.464) |
| 2 Bradach, Analee | Piedmont | 12:46.19 | 8 |
| 53.638 (53.638) | 2:29.994 (1:36.356) | 4:08.396 (1:38.402) | 5:48.612 (1:40.216) |
| 7:30.517 (1:41.905) | 9:17.093 (1:46.576) | 11:03.711 (1:46.618) | 12:46.184 (1:42.473) |
| 3 Todd, Casey | Piedmont | 12:57.93 | 6 |
| 53.105 (53.105) | 2:28.771 (1:35.666) | 4:05.462 (1:36.691) | 5:46.143 (1:40.681) |
| 7:31.515 (1:45.372) | 9:20.817 (1:49.302) | 11:10.742 (1:49.925) | 12:57.921 (1:47.179) |
| 4 Pritchard, Lindsey | Methodist | 13:11.08 | 4 |
| 52.450 (52.450) | 2:30.034 (1:37.584) | 4:13.392 (1:43.358) | 6:03.623 (1:50.231) |
| 7:54.139 (1:50.516) | 9:41.563 (1:47.424) | 11:28.889 (1:47.326) | 13:11.076 (1:42.187) |
| 5 Sabino, Ivanna | Berea | 13:21.95 | 2 |
| 50.677 (50.677) | 2:25.124 (1:34.447) | 4:05.924 (1:40.800) | 5:52.310 (1:46.386) |
| 7:44.610 (1:52.300) | 9:40.763 (1:56.153) | 11:35.558 (1:54.795) | 13:21.947 (1:46.389) |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****....Women 3000 Meter Steeplechase**

| | | | |
|---------------------|----------------------|----------------------|----------------------|
| 6 Baker, Ashleigh | Covenant | 13:27.13 | 1 |
| 54.155 (54.155) | 2:31.040 (1:36.885) | 4:11.984 (1:40.944) | 5:57.721 (1:45.737) |
| 7:50.759 (1:53.038) | 9:44.900 (1:54.141) | 11:39.222 (1:54.322) | 13:27.122 (1:47.900) |
| 7 Hughes, Jenna | Berea | 13:39.79 | |
| 53.987 (53.987) | 2:30.665 (1:36.678) | 4:12.291 (1:41.626) | 5:58.152 (1:45.861) |
| 7:51.043 (1:52.891) | 9:45.583 (1:54.540) | 11:44.753 (1:59.170) | 13:39.788 (1:55.035) |
| 8 Reeder, Josephina | Mary Baldwin | 14:18.53 | |
| 54.675 (54.675) | 2:33.953 (1:39.278) | 4:18.488 (1:44.535) | 6:10.995 (1:52.507) |
| 8:07.227 (1:56.232) | 10:10.380 (2:03.153) | 12:14.055 (2:03.675) | 14:18.526 (2:04.471) |

Women 4x100 Meter Relay

| School | Finals | Points |
|-------------------------------|----------------------|--------|
| 1 Berea 'A' | 49.46 | 10 |
| 1) Harper, Jada | 2) Heigley, Leta | |
| 3) Malik, Khatirah | 4) Robinson, Kaylee | |
| 2 Piedmont 'A' | 49.93 | 8 |
| 1) Hill, Anteca | 2) Hughes, Jasmine | |
| 3) Mitchell, Demia | 4) Reid, Courtney | |
| 3 Methodist 'A' | 50.25 | 6 |
| 1) Whitlock, Kimeesha | 2) Moore, Machiah | |
| 3) Mague, Olivia | 4) Laurent, Jimlyn | |
| 4 William Peace 'A' | 50.90 | 4 |
| 1) Strickland, Dai'jah | 2) Merriett, Manazia | |
| 3) Barnes, Myla | 4) Bennett, Marketta | |
| 5 Meredith 'A' | 52.51 | 2 |
| 1) Stanley, Demonica | 2) Thomas, Essence | |
| 3) Schuh, Kim | 4) Packer, Trinity | |
| 6 Pfeiffer 'A' | 53.70 | 1 |
| 1) Bartholomew, Tiffany | 2) Winstead, Logan | |
| 3) Bentley, Brina | 4) Jackson, Tyla | |
| 7 Mary Baldwin University 'A' | 1:03.58 | |
| 1) Barden, Sesaly | 2) Nuako, Jasmine | |
| 3) Kyo, Nai-Yu | 4) Wheeler, Shyonia | |

Women 4x400 Meter Relay

| School | Finals | Points |
|-------------------------------|---------------------|---------------------|
| 1 Berea 'A' | 4:14.63 | 10 |
| 1) Henry, Destinee | 2) Hughes, Jenna | |
| 3) Robinson, Kaylee | 4) Heigley, Leta | |
| 2:08.995 (2:08.995) | 3:16.427 (1:07.432) | 4:14.629 (58.203) |
| 2 Piedmont 'A' | 4:17.71 | 8 |
| 1) Bethel, Sophia | 2) Bradach, Analee | |
| 3) Cantrell, Karla | 4) Hughes, Jasmine | |
| 2:11.423 (2:11.423) | 3:14.805 (1:03.383) | 4:17.708 (1:02.903) |
| 3 Mary Baldwin University 'A' | 4:18.37 | 6 |
| 1) Musgrove, Quinland | 2) Moran, Mary | |
| 3) Holmes, Morgan | 4) Wardy, Alice | |
| 2:07.941 (2:07.941) | 3:14.208 (1:06.267) | 4:18.367 (1:04.159) |
| 4 Covenant 'A' | 4:20.73 | 4 |
| 1) Roberts, Virginia Kay | 2) Henry, Maggie | |

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....Women 4x400 Meter Relay

3) Rittgers, Nichole
 2:12.609 (2:12.609) 3:19.363 (1:06.754) 4:20.721 (1:01.359)

4) Lipperd, Sarah Kate
 4:25.33 2

5 Methodist 'A'
 1) Laurent, Jimlyn
 2) Moore, Machiah
 3) Lawler, Makayla
 4) Patterson, Chakalyn
 2:11.348 (2:11.348) 3:20.577 (1:09.230) 4:25.327 (1:04.750)

6 Pfeiffer 'A'
 1) Bartholomew, Tiffany
 2) Bentley, Brina
 3) Spencer, Kylie
 4) Winstead, Logan
 2:19.992 (2:19.992) 3:27.352 (1:07.360) 4:32.871 (1:05.519)

7 Meredith 'A'
 1) Hill, Rachel
 2) Ortiz, Mitxi
 3) Bucknam, Allie
 4) Thomas, Essence
 2:24.344 (2:24.344) 3:31.951 (1:07.607) 4:36.405 (1:04.455)

Women High Jump

| Name | Year | School | Finals | Points |
|------------------------|-------------------------------|---------------|--------|--------|
| 1 Granger, Cameron | | Piedmont | 1.55m | 10 |
| | 1.35 1.40 1.45 1.50 1.55 1.60 | | | |
| | P O O O O XXX | | | |
| 2 Ballen, Mariah | | William Peace | J1.55m | 8 |
| | 1.35 1.40 1.45 1.50 1.55 1.60 | | | |
| | O XO XO XXO O XXX | | | |
| 3 Rouse, Alani | | William Peace | 1.45m | 6 |
| | 1.35 1.40 1.45 1.50 | | | |
| | P O XXO XXX | | | |
| 4 Malik, Khatirah | | Berea | 1.40m | 3 |
| | 1.35 1.40 1.45 | | | |
| | P O XXX | | | |
| 4 Musgrove, Quinland | | Mary Baldwin | 1.40m | 3 |
| | 1.35 1.40 1.45 | | | |
| | O O XXX | | | |
| 6 Heigley, Leta | | Berea | J1.40m | 1 |
| | 1.35 1.40 1.45 | | | |
| | O XO XXX | | | |
| 7 Patton, Kay | | Mary Baldwin | J1.40m | |
| | 1.35 1.40 1.45 | | | |
| | XO XO XXX | | | |
| 8 Bartholomew, Tiffany | | Pfeiffer | J1.40m | |
| | 1.35 1.40 1.45 | | | |
| | O XXO XXX | | | |
| 9 Hughes, Jenna | | Berea | 1.35m | |
| | 1.35 1.40 | | | |
| | XO XXX | | | |

Women Pole Vault

| Name | Year | School | Finals | Points |
|------------------|--------------------------|----------|--------|--------|
| 1 Morgan, Perryn | | Piedmont | 3.00m | 10 |
| | 2.55 2.70 2.85 3.00 3.10 | | | |
| | O O O XO XXX | | | |

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....Women Pole Vault

| | | | |
|------------------------|---------------|-------|---|
| 2 Cassidy, Madison | Piedmont | 2.85m | 8 |
| 2.55 2.70 2.85 3.00 | | | |
| 0 0 XO XXX | | | |
| 3 Drake, Victoria | Piedmont | 2.10m | 6 |
| 2.10 2.25 | | | |
| 0 XXX | | | |
| -- Strickland, Dai'jah | William Peace | NH | |
| 2.10 | | | |
| XXX | | | |

Women Long Jump

| Name | Year | School | Finals | Wind | H# | Points |
|--|------|---------------|--------|------|----|--------|
| 1 Musgrove, Quinland | | Mary Baldwin | 5.23m | 1.6 | 2 | 10 |
| 5.10m(0.4) 5.08m(1.9) 4.89m(1.8) FOUL(1.5) 5.13m(0.7) 5.23m(1.6) | | | | | | |
| 2 Heigley, Leta | | Berea | 5.09m | +0.0 | 2 | 8 |
| FOUL(+0.0) FOUL(0.5) 4.92m(0.5) 4.99m(1.6) 4.98m(0.7) 5.09m(+0.0) | | | | | | |
| 3 Ballen, Mariah | | William Peace | 5.06m | +0.0 | 2 | 6 |
| 4.89m(0.4) 4.92m(0.8) 4.92m(1.7) 4.98m(1.0) 5.06m(+0.0) FOUL(0.5) | | | | | | |
| 4 Whitlock, Kimeesha | | Methodist | 5.05m | +0.0 | 1 | 4 |
| 5.05m(+0.0) FOUL(1.2) FOUL(-0.3) 4.45m(3.1) 4.76m(-0.1) 4.60m(1.4) | | | | | | |
| 5 Granger, Cameron | | Piedmont | 5.03m | 0.6 | 2 | 2 |
| 5.03m(0.6) 4.89m(1.7) 5.01m(2.4) FOUL(+0.0) FOUL(0.7) FOUL(1.5) | | | | | | |
| 6 Merriett, Manazia | | William Peace | 4.78m | 0.6 | 2 | 1 |
| 4.78m(0.6) FOUL(1.1) 4.32m(2.4) 4.67m(2.1) 4.62m(1.9) 4.73m(3.3) | | | | | | |
| 7 Henry, Destinee | | Berea | 4.77m | 1.5 | 2 | |
| FOUL(0.9) 4.43m(1.6) 4.77m(1.5) 4.20m(1.3) FOUL(1.2) FOUL(2.2) | | | | | | |
| 8 Rouse, Alani | | William Peace | 4.67m | 1.5 | 1 | |
| 4.18m(3.2) 4.65m(1.6) 4.54m(1.0) 4.60m(0.9) FOUL(0.3) 4.67m(1.5) | | | | | | |
| 9 Raynor-Brewington, Jada | | William Peace | 4.65m | 3.2 | 1 | |
| 4.65m(3.2) 4.29m(0.4) 4.48m(0.7) 3.99m(2.0) 4.34m(0.6) 4.52m(+0.0) | | | | | | |
| 10 Stanley, Demonica | | Meredith | 4.58m | 1.1 | 2 | |
| 4.58m(1.1) 4.39m(1.7) 4.53m(1.6) | | | | | | |
| 11 Moore, Machiah | | Methodist | 4.42m | 1.1 | 1 | |
| 4.15m(0.1) 4.28m(1.6) 4.42m(1.1) | | | | | | |
| 12 Moran, Mary | | Mary Baldwin | 4.38m | 1.9 | 1 | |
| 4.09m(0.4) 4.06m(0.7) 4.38m(1.9) | | | | | | |
| 13 Patton, Kay | | Mary Baldwin | 4.35m | 1.3 | 1 | |
| FOUL(1.6) 4.35m(1.3) FOUL(+0.0) | | | | | | |
| 14 Strickland, Dai'jah | | William Peace | 4.30m | -0.3 | 2 | |
| FOUL(+0.0) 4.30m(-0.3) 4.13m(1.8) | | | | | | |
| 15 Taylor, Shaniya | | William Peace | 4.26m | +0.0 | 2 | |
| 4.23m(1.0) 4.26m(+0.0) 4.14m(0.4) | | | | | | |
| 16 Floyd-Beaty, Moranda | | Pfeiffer | 3.96m | 1.4 | 1 | |
| 3.96m(1.4) FOUL(1.7) FOUL(0.1) | | | | | | |
| -- Hawkins, Lanessa | | William Peace | FOUL | | 1 | |
| FOUL(2.8) FOUL FOUL | | | | | | |

Women Triple Jump

| Name | Year | School | Finals | Wind | Points |
|--|------|----------|--------|------|--------|
| 1 Granger, Cameron | | Piedmont | 11.04m | +0.0 | 10 |
| 10.13m(+0.0) 10.67m(+0.0) 10.44m(0.2) 10.11m(0.6) FOUL(0.1) 11.04m(+0.0) | | | | | |

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....Women Triple Jump

| | | | | | |
|---|--------------------|---------------|-------------|--------------|--------------------------|
| 2 | Henry, Destinee | Berea | 10.70m | 0.3 | 8 |
| | 10.15m(+0.0) | 10.26m(+0.0) | 10.34m(1.0) | 10.66m(+0.0) | 10.70m(0.3) 10.39m(+0.0) |
| 3 | Ballen, Mariah | William Peace | 10.60m | +0.0 | 6 |
| | 10.30m(+0.0) | 10.29m(0.5) | 10.31m(0.3) | 10.07m(+0.0) | 10.23m(0.9) 10.60m(+0.0) |
| 4 | Rouse, Alani | William Peace | 10.31m | 0.7 | 4 |
| | FOUL(+0.0) | 9.31m(0.2) | 9.88m(0.5) | 9.65m(0.5) | 9.93m(0.4) 10.31m(0.7) |
| 5 | Stanley, Demonica | Meredith | 9.65m | 0.4 | 2 |
| | 9.51m(0.3) | FOUL(+0.0) | 9.26m(1.4) | 9.25m(+0.0) | 9.54m(0.3) 9.65m(0.4) |
| 6 | Musgrove, Quinland | Mary Baldwin | 9.62m | 0.4 | 1 |
| | 8.91m(+0.0) | 9.62m(0.4) | PASS | 8.61m(+0.0) | 9.61m(0.3) 9.33m(1.7) |
| 7 | Whitlock, Kimeesha | Methodist | 9.55m | 1.3 | |
| | 9.55m(1.3) | 9.47m(+0.0) | 9.44m(0.9) | PASS | PASS PASS |
| 8 | Moran, Mary | Mary Baldwin | 9.22m | +0.0 | |
| | 8.96m(+0.0) | 8.85m(0.6) | 8.68m(0.2) | 9.02m(0.3) | 9.22m(+0.0) FOUL(1.4) |

Women Shot Put

| Name | Year | School | Finals | H# | Points |
|------|--------------------|---------------|--------|--------|--------|
| 1 | Fernandes, Giahnni | Piedmont | 11.03m | 2 | 10 |
| | FOUL | FOUL | 9.86m | 10.66m | 11.03m |
| 2 | Richards, Savannah | Piedmont | 10.65m | 2 | 8 |
| | 9.89m | FOUL | 9.60m | 10.41m | 10.50m |
| 3 | Devane, Brittany | Piedmont | 10.63m | 2 | 6 |
| | 10.44m | 9.68m | 9.94m | 10.63m | FOUL |
| 4 | Frisby, Deasha | Methodist | 10.62m | 2 | 4 |
| | 9.45m | 10.52m | 10.62m | 10.42m | 10.50m |
| 5 | Jones, Ashley | Brevard | 10.33m | 2 | 2 |
| | 10.03m | 10.19m | 10.04m | 10.28m | 10.13m |
| 6 | Packer, Trinity | Meredith | 9.98m | 1 | 1 |
| | 9.71m | 9.98m | 9.16m | 9.61m | 9.52m |
| 7 | Barnes, Myla | William Peace | 9.89m | 2 | |
| | 9.70m | 9.89m | FOUL | FOUL | 8.83m |
| 8 | Stanley, Demonica | Meredith | 9.81m | 2 | |
| | 9.75m | 8.66m | 9.81m | FOUL | 9.43m |
| 9 | Thomas, Aaliyah | Pfeiffer | 9.74m | 1 | |
| | 8.88m | 8.90m | 9.74m | FOUL | FOUL |
| 10 | Schuh, Kim | Meredith | 9.53m | 2 | |
| | 9.16m | 8.92m | 9.53m | | |
| 11 | Arnold, Abbey | Piedmont | 9.40m | 1 | |
| | 9.40m | 9.34m | FOUL | | |
| 12 | Riddles, Maya | Berea | 9.34m | 2 | |
| | FOUL | 8.98m | 9.34m | | |
| 13 | Hockaday, Amiee | William Peace | 7.64m | 1 | |
| | 7.39m | 7.57m | 7.64m | | |
| 14 | Hall, Victoria | Methodist | 7.56m | 1 | |
| | 6.94m | 6.63m | 7.56m | | |
| 15 | Bennett, Natasha | Covenant | 7.39m | 1 | |
| | 7.39m | PASS | PASS | | |
| 16 | Wilson, Summer | William Peace | 5.45m | 1 | |
| | FOUL | 4.76m | 5.45m | | |
| 17 | Crowder, Alyssa | William Peace | 5.13m | 1 | |
| | 5.13m | 4.20m | 4.13m | | |

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| Name | Year | School | Finals | H# | Points | |
|----------------------------|--------|---------------|--------|--------|--------|--------|
| 1 Fernandes, Giahnni | | Piedmont | 31.97m | 2 | 10 | |
| | FOUL | FOUL | 29.82m | 31.97m | 28.17m | FOUL |
| 2 Bartholomew, Tiffany | | Pfeiffer | 31.87m | 1 | 8 | |
| | 29.05m | 31.43m | 29.90m | 29.68m | 30.09m | 31.87m |
| 3 Richards, Savannah | | Piedmont | 31.82m | 2 | 6 | |
| | 30.80m | 31.82m | 30.64m | 26.07m | FOUL | 26.29m |
| 4 Torres, Allie | | Piedmont | 31.04m | 2 | 4 | |
| | 31.01m | FOUL | 30.18m | 31.04m | 30.90m | 26.82m |
| 5 Barnes, Myla | | William Peace | 30.67m | 2 | 2 | |
| | 29.88m | 28.99m | 30.67m | 26.07m | FOUL | 26.29m |
| 6 Ford, Tonishea | | Pfeiffer | 29.65m | 2 | 1 | |
| | FOUL | 28.75m | FOUL | FOUL | FOUL | 29.65m |
| 7 Moran, Mary | | Mary Baldwin | 29.01m | 2 | | |
| | 27.50m | 29.01m | 28.05m | 24.96m | 26.45m | 28.85m |
| 8 Arnold, Abbey | | Piedmont | 27.34m | 2 | | |
| | 26.83m | 25.25m | 27.34m | FOUL | 26.48m | 26.62m |
| 9 Devane, Brittany | | Piedmont | 26.84m | 2 | | |
| | 26.39m | 26.84m | 26.80m | FOUL | FOUL | 26.16m |
| 10 Morgan, Perryn | | Piedmont | 26.78m | 1 | | |
| | 26.76m | 26.78m | FOUL | | | |
| 11 Thomas, Aaliyah | | Pfeiffer | 26.66m | 2 | | |
| | 23.74m | 26.66m | 23.69m | | | |
| 12 Jones, Ashley | | Brevard | 24.97m | 1 | | |
| | 24.97m | FOUL | 22.74m | | | |
| 13 Raynor-Brewington, Jada | | William Peace | 24.65m | 1 | | |
| | 23.27m | 18.22m | 24.65m | | | |
| 14 Fusetti, Cailen | | Pfeiffer | 22.35m | 1 | | |
| | 22.35m | 21.92m | 20.01m | | | |
| 15 Hockaday, Amiee | | William Peace | 19.60m | 1 | | |
| | 19.60m | 19.24m | FOUL | | | |
| 16 Crowder, Alyssa | | William Peace | 15.68m | 1 | | |
| | 15.68m | 13.78m | 11.55m | | | |
| 17 Wilson, Summer | | William Peace | 13.69m | 1 | | |
| | 13.69m | FOUL | 13.69m | | | |

Women Hammer Throw

| Name | Year | School | Finals | Points | | |
|------------------------|--------|----------|--------|--------|--------|--------|
| 1 Fernandes, Giahnni | | Piedmont | 46.86m | 10 | | |
| | 41.15m | FOUL | 44.29m | 46.86m | FOUL | 45.69m |
| 2 Torres, Allie | | Piedmont | 38.56m | 8 | | |
| | 31.32m | 34.60m | 38.56m | 33.87m | FOUL | 35.22m |
| 3 Ford, Tonishea | | Pfeiffer | 36.94m | 6 | | |
| | 36.94m | 36.47m | FOUL | 35.11m | 35.93m | 34.28m |
| 4 Arnold, Abbey | | Piedmont | 34.80m | 4 | | |
| | FOUL | 33.63m | FOUL | FOUL | 34.80m | FOUL |
| 5 Riddles, Maya | | Berea | 32.66m | 2 | | |
| | 29.56m | 30.54m | 32.66m | FOUL | FOUL | 31.92m |
| 6 Bartholomew, Tiffany | | Pfeiffer | 30.94m | 1 | | |
| | 26.86m | 29.78m | 29.37m | 30.39m | 30.94m | 30.88m |
| 7 Thomas, Aaliyah | | Pfeiffer | 29.58m | | | |
| | 25.27m | 29.58m | 27.53m | FOUL | FOUL | FOUL |

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....Women Hammer Throw

| | | | |
|----|---|-----------|--------|
| 8 | Frisby, Deasha | Methodist | 26.21m |
| | 24.70m 26.21m FOUL 25.01m 25.32m 22.24m | | |
| 9 | Richards, Savannah | Piedmont | 25.15m |
| | FOUL 25.04m 24.45m FOUL 25.15m FOUL | | |
| 10 | Bellamy, Ajahna | Pfeiffer | 23.95m |
| | 19.13m 23.95m FOUL | | |
| 11 | Fuseti, Cailen | Pfeiffer | 18.37m |
| | FOUL 17.81m 18.37m | | |

Women Javelin Throw

| Name | Year | School | Finals | H# | Points |
|----------------------------|------|---|--------|----|--------|
| 1 Stanley, Demonica | | Meredith | 31.03m | 2 | 10 |
| | | 29.48m 31.03m 29.18m 27.72m FOUL 27.71m | | | |
| 2 Bartholomew, Tiffany | | Pfeiffer | 28.62m | 2 | 8 |
| | | 22.44m 15.16m 24.28m 24.59m 20.76m 28.62m | | | |
| 3 Morgan, Perryn | | Piedmont | 28.52m | 2 | 6 |
| | | 25.74m 20.95m 25.16m 23.14m 28.52m 26.72m | | | |
| 4 Schuh, Kim | | Meredith | 28.17m | 2 | 4 |
| | | FOUL 27.50m 28.17m 26.00m 26.89m FOUL | | | |
| 5 Patterson, Chakalyn | | Methodist | 27.25m | 1 | 2 |
| | | 18.62m FOUL 27.25m 20.05m 17.98m 17.32m | | | |
| 6 Granger, Cameron | | Piedmont | 26.72m | 2 | 1 |
| | | 26.72m FOUL FOUL FOUL FOUL 26.64m | | | |
| 7 Bennett, Natasha | | Covenant | 25.65m | 2 | |
| | | 21.21m 25.65m 23.15m 22.45m 21.07m 24.81m | | | |
| 8 Merriett, Manazia | | William Peace | 24.75m | 1 | |
| | | 22.84m 22.93m 22.00m 21.90m 24.75m 24.57m | | | |
| 9 Torres, Allie | | Piedmont | 23.94m | 1 | |
| | | 22.48m FOUL FOUL FOUL 23.94m FOUL | | | |
| 10 Patton, Kay | | Mary Baldwin | 21.78m | 2 | |
| | | 20.19m 20.63m 21.78m | | | |
| 11 Wilson, Summer | | William Peace | 21.42m | 1 | |
| | | 21.42m FOUL FOUL | | | |
| 12 Riddles, Maya | | Berea | 19.21m | 1 | |
| | | 17.50m FOUL 19.21m | | | |
| 13 Hockaday, Amiee | | William Peace | 19.03m | 1 | |
| | | 19.03m FOUL FOUL | | | |
| 14 Barnes, Myla | | William Peace | 18.72m | 1 | |
| | | FOUL 18.72m 17.63m | | | |
| 15 Moran, Mary | | Mary Baldwin | 17.89m | 2 | |
| | | 17.89m FOUL FOUL | | | |
| -- Raynor-Brewington, Jada | | William Peace | FOUL | 1 | |
| | | FOUL FOUL FOUL | | | |

Men 100 Meter Dash

| Name | Year | School | Prelims | Wind | H# |
|----------------------|------|---------------|---------|------|----------|
| Preliminaries | | | | | |
| 1 Sawyer, Cortez | | William Peace | 10.71Q | 1.9 | 4 |
| 2 Carroll, Corey | | Berea | 10.82Q | 0.2 | 1 |
| 3 Crowder, Antuan | | William Peace | 10.89Q | 1.8 | 5 10.884 |
| 4 Bryant, Sean | | Pfeiffer | 10.89Q | 1.3 | 3 10.890 |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019
4/18/2019 to 4/19/2019

Results

....Men 100 Meter Dash

| | | | | | | |
|----|-------------------------|---------------|--------|-----|---|--------|
| 5 | Graham, Cameron | Piedmont | 11.06Q | 1.4 | 2 | |
| 6 | Abdus-Salaam, Nuriddin | William Peace | 10.96q | 1.9 | 4 | |
| 7 | Parks, Jamerial | Brevard | 11.04q | 0.2 | 1 | |
| 8 | Walton, Christopher | Brevard | 11.07q | 1.3 | 3 | |
| 9 | Campbell, Keyshawn | Pfeiffer | 11.14 | 1.8 | 5 | |
| 10 | Mitchell-Swanier, DeVon | William Peace | 11.16 | 1.8 | 5 | |
| 11 | Woodard, Gregory | Unat-Mary Ba | 11.26 | 1.9 | 4 | |
| 12 | Masters, Caleb | Covenant | 11.45 | 0.2 | 1 | |
| 13 | Howard, Vontre | Methodist | 11.50 | 1.4 | 2 | 11.492 |
| 14 | Bryant, D'Andre | Pfeiffer | 11.50 | 0.2 | 1 | 11.500 |
| 15 | Leftwich, Brandon | Piedmont | 11.58 | 1.4 | 2 | |
| 16 | Roserie, Jaden | Pfeiffer | 11.61 | 1.4 | 2 | |
| 17 | Ball, John | Berea | 11.64 | 1.3 | 3 | |
| 18 | Santiago, Steven | Unat-Mary Ba | 11.69 | 1.3 | 3 | 11.681 |
| 19 | Anderson, Dante | Brevard | 11.69 | 1.8 | 5 | 11.686 |
| 20 | Jackson, Quentin | Brevard | 11.73 | 1.3 | 3 | |
| 21 | Capehart, Xavius | Methodist | 11.77 | 1.9 | 4 | |
| 22 | Pace, Joshua | Covenant | 11.82 | 1.4 | 2 | |
| 23 | Spear, Ryan | William Peace | 11.86 | 1.8 | 5 | |
| 24 | Dean, Eddie | Brevard | 11.88 | 1.4 | 2 | |
| 25 | Smith, Trevon | William Peace | 11.97 | 0.2 | 1 | |
| 26 | Williams, Romaijn | Unat-Mary Ba | 12.00 | 0.2 | 1 | |
| 27 | Campbell, Zach | Berea | 12.05 | 1.3 | 3 | |
| 28 | Graham, Jerrel | Unat-Mary Ba | 12.15 | 1.9 | 4 | |
| 29 | Doerwaldt, Max | Unat-Mary Ba | 12.23 | 1.8 | 5 | |
| 30 | Gondre, Bedjimal | Berea | 12.28 | 1.8 | 5 | |
| 31 | Morgan, J'Len | William Peace | 12.35 | 1.9 | 4 | |
| 32 | Searcy, Timmie | Brevard | 12.67 | 1.3 | 3 | |
| 33 | Bright, Stefon | Covenant | 13.61 | 1.9 | 4 | |
| 34 | Alamdar, Mohammad | Unat-Mary Ba | 15.04 | 1.4 | 2 | |

Men 100 Meter Dash

| Name | Year School | Finals | Wind | Points |
|--------|------------------------|---------------|-------|--------|
| Finals | | | | |
| 1 | Carroll, Corey | Berea | 10.91 | 0.3 10 |
| 2 | Sawyer, Cortez | William Peace | 10.94 | 0.3 8 |
| 3 | Crowder, Antuan | William Peace | 11.03 | 0.3 6 |
| 4 | Bryant, Sean | Pfeiffer | 11.09 | 0.3 4 |
| 5 | Graham, Cameron | Piedmont | 11.18 | 0.3 2 |
| 6 | Abdus-Salaam, Nuriddin | William Peace | 11.30 | 0.3 1 |
| 7 | Parks, Jamerial | Brevard | 11.32 | 0.3 |
| 8 | Walton, Christopher | Brevard | 11.37 | 0.3 |

Men 200 Meter Dash

| Name | Year School | Prelims | Wind | H# |
|---------------|------------------|---------------|--------|-------|
| Preliminaries | | | | |
| 1 | Sawyer, Cortez | William Peace | 22.01Q | 3.3 6 |
| 2 | Greene, Erran | Methodist | 22.17Q | 3.6 4 |
| 3 | Prichard, Jeremy | Methodist | 22.28Q | 1.7 1 |
| 4 | Crowder, Antuan | William Peace | 22.41Q | 2.4 5 |
| 5 | Woodard, Gregory | Unat-Mary Ba | 22.53Q | 1.6 3 |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****....Men 200 Meter Dash**

| | | | | | |
|----|-------------------------|---------------|--------|-----|----------|
| 6 | Bryant, Sean | Pfeiffer | 22.65Q | 3.3 | 2 |
| 7 | Carroll, Corey | Berea | 22.35q | 3.6 | 4 |
| 8 | Waltower, Kenan | Pfeiffer | 22.54q | 1.6 | 3 22.531 |
| 9 | Bryan, William | Covenant | 22.54 | 1.6 | 3 22.533 |
| 10 | Parks, Jamerial | Brevard | 22.57 | 3.3 | 6 22.568 |
| 11 | Mitchell-Swanier, DeVon | William Peace | 22.57 | 1.7 | 1 22.569 |
| 12 | Abdus-Salaam, Nuriddin | William Peace | 22.58 | 3.3 | 6 |
| 13 | Graham, Cameron | Piedmont | 22.64 | 1.7 | 1 |
| 14 | Walton, Christopher | Brevard | 22.77 | 3.3 | 2 |
| 15 | Campbell, Keyshawn | Pfeiffer | 22.85 | 2.4 | 5 |
| 16 | Jackson, Quinten | William Peace | 23.09 | 3.6 | 4 |
| 17 | Leftwich, Brandon | Piedmont | 23.13 | 2.4 | 5 |
| 18 | Masters, Caleb | Covenant | 23.37 | 1.7 | 1 |
| 19 | Jackson, Quentin | Brevard | 23.39 | 3.3 | 2 |
| 20 | Tyson, Ben | Covenant | 23.58 | 2.4 | 5 |
| 21 | Ball, John | Berea | 23.97 | 2.4 | 5 |
| 22 | Pace, Joshua | Covenant | 24.10 | 1.7 | 1 |
| 23 | Bryant, D'Andre | Pfeiffer | 24.20 | 3.3 | 6 |
| 24 | Roserie, Jaden | Pfeiffer | 24.26 | 3.6 | 4 |
| 25 | Dean, Eddie | Brevard | 24.41 | 1.6 | 3 |
| 26 | Wallace, William | Covenant | 24.55 | 3.3 | 6 |
| 27 | Williams, Romaijn | Unat-Mary Ba | 24.59 | 3.3 | 6 |
| 28 | Smith, Trevon | William Peace | 24.64 | 3.3 | 2 |
| 29 | Bowe, Damian | Berea | 24.66 | 2.4 | 5 |
| 30 | Anderson, Dante | Brevard | 24.75 | 1.7 | 1 |
| 31 | Graham, Jerrel | Unat-Mary Ba | 24.92 | 1.6 | 3 |
| 32 | Morgan, J'Len | William Peace | 25.22 | 1.6 | 3 |
| 33 | Vela, Jose | Brevard | 25.36 | 3.3 | 6 |
| 34 | Gondre, Bedjimal | Berea | 25.55 | 3.6 | 4 |
| 35 | Santiago, Steven | Unat-Mary Ba | 25.62 | 3.6 | 4 |
| 36 | Spear, Ryan | William Peace | 25.88 | 3.6 | 4 |
| 37 | Searcy, Timmie | Brevard | 25.98 | 3.3 | 2 |
| 38 | Garrett, David | Brevard | 26.07 | 3.3 | 2 |
| 39 | Pritt, Jared | Berea | 26.10 | 1.6 | 3 |
| 40 | Doerwaldt, Max | Unat-Mary Ba | 26.28 | 2.4 | 5 |
| 41 | Alamdar, Mohammad | Unat-Mary Ba | 31.45 | 1.7 | 1 |

Men 200 Meter Dash

| Name | Year | School | Finals | Wind | Points |
|--------|------|------------------|---------------|-------|--------|
| Finals | | | | | |
| 1 | | Sawyer, Cortez | William Peace | 22.37 | 1.2 10 |
| 2 | | Prichard, Jeremy | Methodist | 22.41 | 1.2 8 |
| 3 | | Bryant, Sean | Pfeiffer | 22.50 | 1.2 6 |
| 4 | | Crowder, Antuan | William Peace | 22.73 | 1.2 4 |
| 5 | | Carroll, Corey | Berea | 22.76 | 1.2 2 |
| 6 | | Greene, Erran | Methodist | 22.78 | 1.2 1 |
| 7 | | Woodard, Gregory | Unat-Mary Ba | 23.11 | 1.2 |
| 8 | | Waltower, Kenan | Pfeiffer | 23.28 | 1.2 |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****Men 400 Meter Dash**

| Name | Year School | Finals | H# | Points | |
|-----------------------|---------------|---------|----|--------|----------------|
| 1 Greene, Erran | Methodist | 48.79 | 3 | 10 | |
| 2 Prichard, Jeremy | Methodist | 48.81 | 3 | 8 | |
| 3 Foster, Nevin | Pfeiffer | 49.57 | 3 | 6 | |
| 4 Jacobs, Alvin | Piedmont | 49.97 | 3 | 4 | |
| 5 Woodard, Gregory | Unat-Mary Ba | 50.12 | 3 | 2 | |
| 6 Bryan, William | Covenant | 51.08 | 3 | 1 | |
| 7 Achilles, cameon | North Caroli | 51.26 | 1 | | |
| 8 Brown, Walter | William Peace | 51.82 | 3 | | |
| 9 Hanna, Brandon | William Peace | 52.84 | 3 | | |
| 10 Tyson, Ben | Covenant | 53.07 | 2 | | |
| 11 Santiago, Steven | Unat-Mary Ba | 53.13 | 2 | | |
| 12 Kingsberry, Ke'VeL | Brevard | 55.33 | 1 | | |
| 13 Gondre, Bedjimal | Berea | 56.18 | 2 | | |
| 14 Williams, Romaijn | Unat-Mary Ba | 56.96 | 2 | | |
| 15 Vela, Jose | Brevard | 58.00 | 1 | | |
| 16 Pritt, Jared | Berea | 58.39 | 1 | | |
| 17 Garrett, David | Brevard | 59.39 | 1 | | |
| 18 Alamdar, Mohammad | Unat-Mary Ba | 1:11.09 | 1 | | |
| -- Domenech, Issac | Berea | DQ | 2 | | Line violation |
| -- Cone, Stephen | Covenant | DQ | 2 | | Line violation |

Men 800 Meter Run

| Name | Year School | Finals | H# | Points | |
|----------------------|---------------------|---------|----|--------|--|
| 1 Salgado, Sair | Berea | 1:56.47 | 3 | 10 | |
| 58.364 (58.364) | 1:56.465 (58.102) | | | | |
| 2 Carson, Tanner | Berea | 1:56.49 | 3 | 8 | |
| 57.615 (57.615) | 1:56.487 (58.872) | | | | |
| 3 Jacobs, Alvin | Piedmont | 1:57.49 | 3 | 6 | |
| 57.375 (57.375) | 1:57.483 (1:00.108) | | | | |
| 4 West, Johnathan | Berea | 1:59.08 | 3 | 4 | |
| 58.137 (58.137) | 1:59.072 (1:00.935) | | | | |
| 5 Smith, Darius | Piedmont | 1:59.11 | 3 | 2 | |
| 57.561 (57.561) | 1:59.109 (1:01.548) | | | | |
| 6 Yeager, Brendan | Covenant | 2:00.07 | 3 | 1 | |
| 59.753 (59.753) | 2:00.067 (1:00.314) | | | | |
| 7 Halbrook, Jeremy | Piedmont | 2:00.31 | 2 | | |
| 56.976 (56.976) | 2:00.308 (1:03.332) | | | | |
| 8 Gaffin, David | Covenant | 2:00.90 | 2 | | |
| 58.854 (58.854) | 2:00.894 (1:02.040) | | | | |
| 9 Le Mahieu, Leif | Covenant | 2:00.96 | 2 | | |
| 57.571 (57.571) | 2:00.952 (1:03.382) | | | | |
| 10 Dukes, Stephen | Methodist | 2:01.87 | 2 | | |
| 57.886 (57.886) | 2:01.862 (1:03.976) | | | | |
| 11 Domenech, Issac | Berea | 2:05.08 | 2 | | |
| 58.630 (58.630) | 2:05.079 (1:06.450) | | | | |
| 12 Griggs, Bryce | Piedmont | 2:05.25 | 3 | | |
| 57.769 (57.769) | 2:05.241 (1:07.472) | | | | |
| 13 Tippet, Christian | North Caroli | 2:06.34 | 2 | | |
| 1:00.488 (1:00.488) | 2:06.336 (1:05.848) | | | | |
| 14 Elrod, Cole | Piedmont | 2:07.31 | 2 | | |
| 58.966 (58.966) | 2:07.304 (1:08.339) | | | | |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****....Men 800 Meter Run**

| | | | | |
|----|---------------------|---------------------|---------|---|
| 15 | Cousineau, Gage | Berea | 2:09.90 | 1 |
| | 1:05.012 (1:05.012) | 2:09.891 (1:04.879) | | |
| 16 | Williams, Keyonte | North Caroli | 2:12.39 | 1 |
| | 1:07.636 (1:07.636) | 2:12.387 (1:04.751) | | |
| 17 | Harkins, Roy | Piedmont | 2:12.76 | 1 |
| | 1:04.772 (1:04.772) | 2:12.752 (1:07.980) | | |
| 18 | George, Jonathan | Covenant | 2:14.18 | 3 |
| | 1:00.376 (1:00.376) | 2:14.179 (1:13.803) | | |
| 19 | Lay, Ryan | Maryville (Tenn.) | 2:14.47 | 1 |
| | 1:07.009 (1:07.009) | 2:14.469 (1:07.460) | | |
| 20 | Smith, Jeshon | North Caroli | 2:15.00 | 1 |
| | 1:07.900 (1:07.900) | 2:14.995 (1:07.095) | | |
| 21 | Ludwick, Devin | Pfeiffer | 2:22.60 | 1 |
| | 1:08.124 (1:08.124) | 2:22.592 (1:14.468) | | |
| 22 | Hanrahan, Jackson | Pfeiffer | 2:23.88 | 1 |
| | 1:08.361 (1:08.361) | 2:23.872 (1:15.511) | | |
| 23 | Parker, Terenthen | North Caroli | 2:26.42 | 2 |
| | 1:07.188 (1:07.188) | 2:26.411 (1:19.223) | | |

Men 1500 Meter Run

| Name | Year | School | Finals | H# | Points |
|-------------------------|-----------------|---------------------|---------------------|----|---------------------|
| 1 Salgado, Sair | | Berea | 4:02.72 | 2 | 10 |
| | 51.075 (51.075) | 1:57.507 (1:06.432) | 3:03.911 (1:06.404) | | 4:02.714 (58.803) |
| 2 Carson, Tanner | | Berea | 4:03.93 | 2 | 8 |
| | 51.038 (51.038) | 1:57.395 (1:06.358) | 3:03.623 (1:06.228) | | 4:03.930 (1:00.307) |
| 3 McKenzie, Logan | | Berea | 4:04.62 | 2 | 6 |
| | 50.776 (50.776) | 1:57.246 (1:06.470) | 3:03.724 (1:06.479) | | 4:04.614 (1:00.890) |
| 4 West, Johnathan | | Berea | 4:04.91 | 2 | 4 |
| | 51.324 (51.324) | 1:57.804 (1:06.480) | 3:04.199 (1:06.395) | | 4:04.904 (1:00.706) |
| 5 George, Jonathan | | Covenant | 4:07.23 | 2 | 2 |
| | 51.346 (51.346) | 1:57.488 (1:06.143) | 3:03.799 (1:06.311) | | 4:07.224 (1:03.426) |
| 6 Yeager, Brendan | | Covenant | 4:07.54 | 2 | 1 |
| | 52.274 (52.274) | 1:59.522 (1:07.248) | 3:06.770 (1:07.248) | | 4:07.531 (1:00.762) |
| 7 Dukes, Stephen | | Methodist | 4:12.40 | 2 | |
| | 51.511 (51.511) | 1:59.724 (1:08.214) | 3:07.816 (1:08.092) | | 4:12.398 (1:04.582) |
| 8 Le Mahieu, Leif | | Covenant | 4:13.26 | 2 | |
| | 51.844 (51.844) | 1:58.628 (1:06.784) | 3:08.040 (1:09.412) | | 4:13.258 (1:05.218) |
| 9 Tippetette, Christian | | North Caroli | 4:13.34 | 2 | |
| | 52.055 (52.055) | 1:59.372 (1:07.318) | 3:07.280 (1:07.908) | | 4:13.332 (1:06.052) |
| 10 Little, Tyler | | Berea | 4:13.55 | 2 | |
| | 51.660 (51.660) | 1:58.246 (1:06.586) | 3:06.130 (1:07.884) | | 4:13.548 (1:07.419) |
| 11 Johnson, Gabriel | | Berea | 4:14.53 | 1 | |
| | 49.969 (49.969) | 1:59.813 (1:09.844) | 3:09.899 (1:10.087) | | 4:14.525 (1:04.626) |
| 12 Miller, Max | | Piedmont | 4:14.97 | 2 | |
| | 51.586 (51.586) | 1:58.970 (1:07.384) | 3:07.366 (1:08.396) | | 4:14.967 (1:07.602) |
| 13 Allison, Micaiah | | Covenant | 4:15.00 | 2 | |
| | 51.530 (51.530) | 1:59.082 (1:07.552) | 3:08.903 (1:09.822) | | 4:14.996 (1:06.094) |
| 14 Cousineau, Gage | | Berea | 4:17.01 | 1 | |
| | 49.931 (49.931) | 1:59.302 (1:09.371) | 3:10.431 (1:11.130) | | 4:17.006 (1:06.575) |
| 15 Hayes, Connor | | North Caroli | 4:18.29 | 1 | |
| | 50.326 (50.326) | 2:00.090 (1:09.764) | 3:10.357 (1:10.267) | | 4:18.283 (1:07.927) |
| 16 Broussard, Matthew | | Covenant | 4:18.57 | 1 | |
| | 48.227 (48.227) | 1:57.031 (1:08.804) | 3:08.951 (1:11.920) | | 4:18.561 (1:09.610) |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****....Men 1500 Meter Run**

| | | | | | | |
|----|----------------------|---------------------|---------------------|---------------------|--|--|
| 17 | Moranos, Connor | Piedmont | 4:26.49 | 1 | | |
| | 49.947 (49.947) | 2:00.399 (1:10.452) | 3:15.198 (1:14.799) | 4:26.481 (1:11.283) | | |
| 18 | Harkins, Roy | Piedmont | 4:29.77 | 1 | | |
| | 49.707 (49.707) | 1:59.999 (1:10.292) | 3:16.129 (1:16.130) | 4:29.767 (1:13.639) | | |
| 19 | Soltész, Tucker | William Peace | 4:30.50 | 1 | | |
| | 53.938 (53.938) | 2:09.333 (1:15.395) | 3:22.494 (1:13.162) | 4:30.493 (1:07.999) | | |
| 20 | Lay, Ryan | Maryville (Tenn.) | 4:32.21 | 1 | | |
| | 52.365 (52.365) | 2:06.434 (1:14.070) | 3:22.827 (1:16.394) | 4:32.210 (1:09.383) | | |
| 21 | Zietlow, Evan | Covenant | 4:32.35 | 1 | | |
| | 54.141 (54.141) | 2:08.791 (1:14.651) | 3:24.733 (1:15.942) | 4:32.343 (1:07.611) | | |
| 22 | Parker, Terenthen | North Caroli | 4:34.57 | 1 | | |
| | 50.097 (50.097) | 1:59.041 (1:08.944) | 3:15.765 (1:16.724) | 4:34.565 (1:18.800) | | |
| 23 | Richardson, Will | Covenant | 4:36.47 | 1 | | |
| | 53.469 (53.469) | 2:08.583 (1:15.115) | 3:23.885 (1:15.302) | 4:36.466 (1:12.582) | | |
| 24 | Williams, Keyonte | North Caroli | 4:38.04 | 1 | | |
| | 53.051 (53.051) | 2:08.327 (1:15.276) | 3:27.254 (1:18.927) | 4:38.035 (1:10.782) | | |
| 25 | Miller-Ulrich, Jakob | Pfeiffer | 4:43.07 | 1 | | |
| | 52.199 (52.199) | 2:09.391 (1:17.192) | 3:29.969 (1:20.578) | 4:43.061 (1:13.092) | | |
| 26 | Hanrahan, Jackson | Pfeiffer | 4:51.26 | 1 | | |
| | 52.589 (52.589) | 2:07.161 (1:14.572) | 3:27.701 (1:20.540) | 4:51.254 (1:23.554) | | |
| 27 | Ludwick, Devin | Pfeiffer | 4:55.48 | 1 | | |
| | 53.735 (53.735) | 2:10.097 (1:16.362) | 3:33.365 (1:23.268) | 4:55.479 (1:22.115) | | |

Men 5000 Meter Run

| Name | Year | School | Finals | Points |
|-----------------------|------|---------------|----------|--------|
| 1 Bond, Landon | | Berea | 15:25.65 | 10 |
| 2 Little, Tyler | | Berea | 15:29.59 | 8 |
| 3 Carson, Tanner | | Berea | 15:37.61 | 6 |
| 4 McKenzie, Logan | | Berea | 15:38.43 | 4 |
| 5 Tueller, Matthew | | Covenant | 15:46.66 | 2 |
| 6 Morgan, Gavin | | Brevard | 15:48.74 | 1 |
| 7 Villegas, Jose | | Berea | 16:03.69 | |
| 8 Flege, Corbin | | Berea | 16:06.82 | |
| 9 Seitz, Matthew | | Covenant | 16:09.43 | |
| 10 Ayers, Connor | | Methodist | 16:12.74 | |
| 11 Allison, Micaiah | | Covenant | 16:23.54 | |
| 12 Broussard, Matthew | | Covenant | 16:45.58 | |
| 13 Kraus, Kyle | | Covenant | 16:49.22 | |
| 14 Zauner, Nathan | | Methodist | 16:50.70 | |
| 15 Young, Kyle | | Berea | 16:52.88 | |
| 16 Lukens, Josh | | Covenant | 17:02.26 | |
| 17 Hayes, Connor | | North Caroli | 17:09.13 | |
| 18 Walker, Nathan | | Covenant | 17:12.66 | |
| 19 Sneller, Ian | | Covenant | 17:15.21 | |
| 20 Griggs, Bryce | | Piedmont | 17:20.24 | |
| 21 Zietlow, Evan | | Covenant | 18:08.59 | |
| 22 Dowis, George | | Brevard | 18:15.30 | |
| 23 Richardson, Will | | Covenant | 18:48.89 | |
| 24 Bird, Tyler | | North Caroli | 19:23.73 | |
| 25 Hernandez, Michael | | William Peace | 20:45.72 | |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019

4/18/2019 to 4/19/2019

Results

Men 10000 Meter Run

| Name | Year | School | Finals | Points |
|----------------------|----------------------|----------------------|----------------------|--------|
| 1 Bond, Landon | | Berea | 33:44.88 | 10 |
| 1:22.020 (1:22.020) | 2:40.825 (1:18.805) | 3:59.779 (1:18.955) | 5:18.901 (1:19.122) | |
| 6:39.001 (1:20.100) | 7:58.979 (1:19.979) | 9:22.302 (1:23.323) | 10:44.673 (1:22.371) | |
| 12:08.198 (1:23.526) | 13:31.503 (1:23.306) | 14:54.585 (1:23.082) | 16:17.827 (1:23.243) | |
| 17:41.582 (1:23.755) | 19:05.126 (1:23.544) | 20:29.363 (1:24.238) | 21:52.923 (1:23.560) | |
| 23:16.982 (1:24.059) | 24:41.441 (1:24.459) | 26:05.487 (1:24.047) | 27:26.789 (1:21.302) | |
| 28:41.874 (1:15.086) | 30:02.034 (1:20.160) | 31:23.513 (1:21.479) | 32:35.458 (1:11.946) | |
| 33:44.875 (1:09.418) | | | | |
| 2 Little, Tyler | | Berea | 33:45.06 | 8 |
| 1:22.076 (1:22.076) | 2:40.323 (1:18.247) | 4:00.078 (1:19.755) | 5:19.141 (1:19.063) | |
| 6:39.301 (1:20.160) | 7:59.262 (1:19.962) | 9:22.645 (1:23.383) | 10:45.014 (1:22.370) | |
| 12:08.583 (1:23.570) | 13:31.762 (1:23.179) | 14:54.834 (1:23.072) | 16:18.153 (1:23.319) | |
| 17:41.858 (1:23.706) | 19:05.350 (1:23.492) | 20:29.646 (1:24.296) | 21:53.215 (1:23.570) | |
| 23:17.297 (1:24.082) | 24:41.697 (1:24.400) | 26:05.793 (1:24.096) | 27:26.507 (1:20.715) | |
| 28:41.623 (1:15.116) | 30:01.730 (1:20.107) | 31:23.737 (1:22.007) | 32:35.666 (1:11.930) | |
| 33:45.057 (1:09.391) | | | | |
| 3 Seitz, Matthew | | Covenant | 34:34.93 | 6 |
| 1:21.746 (1:21.746) | 2:40.601 (1:18.855) | 3:59.383 (1:18.783) | 5:18.629 (1:19.246) | |
| 6:38.734 (1:20.106) | 7:58.685 (1:19.951) | 9:22.021 (1:23.336) | 10:44.414 (1:22.394) | |
| 12:07.899 (1:23.486) | 13:31.226 (1:23.327) | 14:54.233 (1:23.007) | 16:17.534 (1:23.302) | |
| 17:41.259 (1:23.726) | 19:04.843 (1:23.584) | 20:29.057 (1:24.214) | 21:52.665 (1:23.608) | |
| 23:16.671 (1:24.007) | 24:41.163 (1:24.492) | 26:05.202 (1:24.039) | 27:27.681 (1:22.479) | |
| 28:51.249 (1:23.568) | 30:16.218 (1:24.970) | 31:41.422 (1:25.204) | 33:09.906 (1:28.484) | |
| 34:34.927 (1:25.022) | | | | |
| 4 Young, Kyle | | Berea | 35:52.20 | 4 |
| 1:22.340 (1:22.340) | 2:44.598 (1:22.258) | 4:08.766 (1:24.168) | 5:34.197 (1:25.431) | |
| 6:59.854 (1:25.658) | 8:26.294 (1:26.440) | 9:50.977 (1:24.683) | 11:17.945 (1:26.968) | |
| 12:45.035 (1:27.091) | 14:12.042 (1:27.007) | 15:38.201 (1:26.159) | 17:04.470 (1:26.270) | |
| 18:30.235 (1:25.766) | 19:57.429 (1:27.194) | 21:24.239 (1:26.811) | 22:50.750 (1:26.511) | |
| 24:19.081 (1:28.331) | 25:48.790 (1:29.710) | 27:18.527 (1:29.738) | 28:47.166 (1:28.639) | |
| 30:15.669 (1:28.503) | 31:43.291 (1:27.623) | 33:11.022 (1:27.731) | 34:37.357 (1:26.335) | |
| 35:52.199 (1:14.843) | | | | |
| 5 Zauner, Nathan | | Methodist | 35:54.28 | 2 |
| 1:21.309 (1:21.309) | 2:40.451 (1:19.142) | 4:00.435 (1:19.984) | 5:22.609 (1:22.174) | |
| 6:47.213 (1:24.604) | 8:11.553 (1:24.340) | 9:37.418 (1:25.866) | 11:03.535 (1:26.118) | |
| 12:29.654 (1:26.119) | 13:56.334 (1:26.680) | 15:22.801 (1:26.467) | 16:50.717 (1:27.916) | |
| 18:19.213 (1:28.496) | 19:47.181 (1:27.968) | 21:16.006 (1:28.826) | 22:43.349 (1:27.343) | |
| 24:10.241 (1:26.892) | 25:38.643 (1:28.403) | 27:06.837 (1:28.194) | 28:34.502 (1:27.666) | |
| 30:02.941 (1:28.439) | 31:30.927 (1:27.987) | 32:59.802 (1:28.875) | 34:29.089 (1:29.287) | |
| 35:54.277 (1:25.188) | | | | |
| 6 Villegas, Jose | | Berea | 36:31.49 | 1 |
| 1:21.578 (1:21.578) | 2:40.377 (1:18.799) | 4:00.270 (1:19.894) | 5:19.914 (1:19.644) | |
| 6:40.441 (1:20.527) | 8:02.085 (1:21.644) | 9:23.062 (1:20.978) | 10:45.762 (1:22.700) | |
| 12:09.559 (1:23.798) | 13:36.650 (1:27.091) | 15:05.251 (1:28.602) | 16:41.514 (1:36.263) | |
| 18:12.711 (1:31.198) | 19:44.197 (1:31.486) | 21:14.986 (1:30.790) | 22:45.861 (1:30.875) | |
| 24:20.419 (1:34.559) | 25:56.823 (1:36.404) | 27:28.535 (1:31.712) | 29:02.155 (1:33.620) | |
| 30:34.987 (1:32.832) | 32:09.094 (1:34.107) | 33:40.313 (1:31.219) | 35:06.355 (1:26.043) | |
| 36:31.487 (1:25.132) | | | | |

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Results

....Men 10000 Meter Run

| | | | | | | | | |
|----------------------|----------------------|----------------------|----------------------|--|----------------|--|--|--|
| 7 Sneller, Ian | Covenant | | | | 36:56.79 | | | |
| 1:22.748 (1:22.748) | 2:45.079 (1:22.331) | 4:09.923 (1:24.844) | 5:34.566 (1:24.643) | | | | | |
| 7:00.311 (1:25.746) | 8:26.019 (1:25.708) | 9:54.057 (1:28.038) | 11:22.575 (1:28.519) | | | | | |
| 12:51.643 (1:29.068) | 14:21.415 (1:29.772) | 15:52.731 (1:31.316) | 17:20.221 (1:27.490) | | | | | |
| 18:49.599 (1:29.379) | 20:20.542 (1:30.943) | 21:51.931 (1:31.390) | 23:22.479 (1:30.548) | | | | | |
| 24:53.689 (1:31.210) | 26:24.079 (1:30.391) | 27:55.014 (1:30.935) | 29:27.055 (1:32.042) | | | | | |
| 30:57.810 (1:30.755) | 32:31.658 (1:33.848) | 34:00.899 (1:29.242) | 35:31.246 (1:30.347) | | | | | |
| 36:56.783 (1:25.538) | | | | | | | | |
| 8 Stafford, Garrett | Piedmont | | | | 37:52.09 | | | |
| 1:22.328 (1:22.328) | 2:40.862 (1:18.534) | 4:00.595 (1:19.734) | 5:20.085 (1:19.490) | | | | | |
| 6:39.541 (1:19.456) | 8:01.085 (1:21.544) | 9:29.138 (1:28.054) | 11:00.943 (1:31.806) | | | | | |
| 12:34.103 (1:33.160) | 14:08.153 (1:34.050) | 15:43.347 (1:35.195) | 17:19.102 (1:35.755) | | | | | |
| 18:54.069 (1:34.967) | 20:29.811 (1:35.743) | 22:04.669 (1:34.858) | 23:43.609 (1:38.940) | | | | | |
| 25:23.339 (1:39.731) | 26:54.133 (1:30.794) | 28:23.742 (1:29.610) | 29:53.029 (1:29.287) | | | | | |
| 31:24.526 (1:31.498) | 33:00.994 (1:36.468) | 34:37.485 (1:36.491) | 36:16.890 (1:39.406) | | | | | |
| 37:52.082 (1:35.192) | | | | | | | | |
| 9 Gale, Andrew | Piedmont | | | | 39:44.49 | | | |
| 1:22.860 (1:22.860) | 2:46.121 (1:23.261) | 4:12.978 (1:26.858) | 5:43.562 (1:30.584) | | | | | |
| 7:15.527 (1:31.966) | 8:48.467 (1:32.940) | 10:22.819 (1:34.352) | 11:59.321 (1:36.502) | | | | | |
| 13:33.737 (1:34.416) | 15:07.865 (1:34.128) | 16:42.410 (1:34.546) | 18:18.973 (1:36.563) | | | | | |
| 19:53.065 (1:34.092) | 21:29.683 (1:36.619) | 23:09.719 (1:40.036) | 24:48.963 (1:39.244) | | | | | |
| 26:26.566 (1:37.603) | 28:06.813 (1:40.247) | 29:48.223 (1:41.411) | 31:28.726 (1:40.503) | | | | | |
| 33:10.433 (1:41.707) | 34:55.291 (1:44.859) | 36:38.811 (1:43.520) | 38:17.514 (1:38.703) | | | | | |
| 39:44.485 (1:26.971) | | | | | | | | |
| -- Galloway, Nathan | Piedmont | | DQ | | line violation | | | |
| 1:22.592 (1:22.592) | 2:44.262 (1:21.670) | 4:08.505 (1:24.243) | 5:33.994 (1:25.490) | | | | | |
| 6:59.966 (1:25.972) | 8:26.889 (1:26.923) | 9:52.429 (1:25.540) | 11:19.085 (1:26.656) | | | | | |
| 12:44.865 (1:25.780) | 14:11.703 (1:26.839) | 15:37.939 (1:26.236) | 17:04.225 (1:26.286) | | | | | |
| 18:29.945 (1:25.720) | 19:57.195 (1:27.251) | 21:22.410 (1:25.215) | 22:51.198 (1:28.788) | | | | | |

Men 110 Meter Hurdles

| Name | Year | School | Finals | Wind | H# | Points |
|--------------------|------|---------------|--------|------|----|--------|
| 1 Clark, Matt | | Piedmont | 15.22 | 1.1 | 2 | 10 |
| 2 Prichard, Jeremy | | Methodist | 15.24 | 1.1 | 2 | 8 |
| 3 Waltower, Kenan | | Pfeiffer | 15.37 | 1.1 | 2 | 6 |
| 4 Stover, Darius | | William Peace | 15.60 | 1.1 | 2 | 4 |
| 5 Graham, Jakim | | Methodist | 16.07 | 0.2 | 1 | 2 |
| 6 Doerwaldt, Max | | Unat-Mary Ba | 16.21 | 0.2 | 1 | 1 |
| 7 Mbadugha, John | | Piedmont | 16.23 | 0.2 | 1 | |
| 8 Bowe, Damian | | Berea | 16.25 | 1.1 | 2 | |
| 9 Manuel, Elijah | | Covenant | 20.65 | 0.2 | 1 | |

Men 400 Meter Hurdles

| Name | Year | School | Finals | H# | Points |
|-----------------------|------|---------------|---------|----|--------|
| 1 Prichard, Jeremy | | Methodist | 54.87 | 3 | 10 |
| 2 Colson, Tevin | | Pfeiffer | 56.22 | 3 | 8 |
| 3 Wilkes, Justin | | Piedmont | 56.67 | 3 | 6 |
| 4 Clark, Matt | | Piedmont | 58.10 | 3 | 4 |
| 5 Bell, Dave | | Berea | 59.02 | 2 | 2 |
| 6 Monroe, Dontavius | | Pfeiffer | 59.51 | 3 | 1 |
| 7 Chisum Jr., Darrell | | William Peace | 1:00.77 | 3 | |

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...Men 400 Meter Hurdles

| | | | | |
|----|------------------|---------------|---------|---|
| 8 | Bowe, Damian | Berea | 1:01.18 | 2 |
| 9 | Wallace, William | Covenant | 1:01.29 | 2 |
| 10 | Johnson, Gabriel | Berea | 1:02.60 | 2 |
| 11 | Achilles, cameon | North Caroli | 1:04.05 | 1 |
| 12 | Bogert, Ryan | Methodist | 1:11.57 | 1 |
| 13 | Manuel, Elijah | Covenant | 1:12.63 | 1 |
| -- | Shorts, Todd | William Peace | DNF | 3 |

Men 3000 Meter Steeplechase

| Name | Year | School | Finals | Points |
|---------------------|---------------------|----------------------|----------------------|--------|
| 1 McKenzie, Logan | | Berea | 9:51.89 | 10 |
| 38.901 (38.901) | 1:50.595 (1:11.694) | 3:04.139 (1:13.544) | 4:20.431 (1:16.292) | |
| 5:39.843 (1:19.412) | 7:01.456 (1:21.613) | 8:26.338 (1:24.882) | 9:51.886 (1:25.548) | |
| 2 Allison, Micaiah | | Covenant | 10:18.19 | 8 |
| 43.808 (43.808) | 2:04.133 (1:20.325) | 3:25.908 (1:21.775) | 4:48.330 (1:22.422) | |
| 6:12.380 (1:24.050) | 7:39.364 (1:26.984) | 9:05.731 (1:26.367) | 10:18.181 (1:12.450) | |
| 3 Miller, Max | | Piedmont | 10:19.67 | 6 |
| 44.498 (44.498) | 2:04.483 (1:19.985) | 3:26.295 (1:21.812) | 4:49.284 (1:22.989) | |
| 6:13.253 (1:23.969) | 7:39.504 (1:26.251) | 9:04.986 (1:25.482) | 10:19.670 (1:14.684) | |
| 4 Moranos, Connor | | Piedmont | 10:22.63 | 4 |
| 44.530 (44.530) | 2:04.571 (1:20.041) | 3:26.311 (1:21.740) | 4:48.987 (1:22.676) | |
| 6:13.337 (1:24.350) | 7:39.604 (1:26.267) | 9:05.238 (1:25.634) | 10:22.630 (1:17.392) | |
| 5 Flege, Corbin | | Berea | 10:22.68 | 2 |
| 44.099 (44.099) | 2:03.949 (1:19.850) | 3:25.980 (1:22.031) | 4:48.638 (1:22.658) | |
| 6:12.865 (1:24.227) | 7:39.420 (1:26.555) | 9:05.891 (1:26.471) | 10:22.674 (1:16.783) | |
| 6 Ayers, Connor | | Methodist | 10:28.37 | 1 |
| 44.871 (44.871) | 2:04.711 (1:19.840) | 3:26.479 (1:21.768) | 4:49.228 (1:22.749) | |
| 6:13.573 (1:24.345) | 7:39.924 (1:26.351) | 9:06.385 (1:26.461) | 10:28.361 (1:21.976) | |
| 7 Gaffin, David | | Covenant | 11:09.39 | |
| 46.516 (46.516) | 2:07.665 (1:21.149) | 3:33.301 (1:25.636) | 5:01.508 (1:28.207) | |
| 6:31.250 (1:29.742) | 8:04.660 (1:33.410) | 9:38.302 (1:33.642) | 11:09.390 (1:31.088) | |
| 8 Hughes, Chandler | | William Peace | 13:05.50 | |
| 47.140 (47.140) | 2:16.775 (1:29.635) | 3:56.825 (1:40.050) | 5:39.915 (1:43.090) | |
| 7:27.415 (1:47.500) | 9:21.543 (1:54.128) | 11:13.563 (1:52.020) | 13:05.496 (1:51.933) | |

Men 4x100 Meter Relay

| School | Finals | Points |
|----------------------------|------------------------|--------|
| 1 William Peace 'A' | 42.54 | 10 |
| 1) Stover, Darios | 2) Crowder, Antuan | |
| 3) Mitchell-Swanier, DeVon | 4) Sawyer, Cortez | |
| 2 Brevard 'A' | 43.19 | 8 |
| 1) Parks, Jamerial | 2) Jackson, Quentin | |
| 3) Dean, Eddie | 4) Walton, Christopher | |
| 3 Piedmont 'A' | 43.33 | 6 |
| 1) Graham, Cameron | 2) Jackson, Brodrick | |
| 3) Jordan, Anthony | 4) Leftwich, Brandon | |
| 4 Methodist 'A' | 43.46 | 4 |
| 1) Howard, Vontre | 2) Greene, Erran | |
| 3) Capehart, Xavius | 4) Prichard, Jeremy | |
| 5 Pfeiffer 'A' | 43.94 | 2 |
| 1) Bryant, Sean | 2) Campbell, Keyshawn | |

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....Men 4x100 Meter Relay

| | | | |
|--------------------------------|---------------------|-------|---------------------|
| 3) Roserie, Jaden | 4) Waltower, Kenan | | |
| 6 Covenant 'A' | | 46.01 | 1 |
| 1) Tyson, Ben | 2) Bryan, William | | |
| 3) Pace, Joshua | 4) Masters, Caleb | | |
| -- North Carolina Wesleyan 'A' | | DNF | |
| 1) Harris, Raquan | 2) Achilles, cameon | | |
| 3) Smith, Jeshon | 4) Black, Jeff | | |
| -- Berea 'A' | | DQ | Out of 3rd exchange |
| 1) Ball, John | 2) Bowe, Damian | | |
| 3) Carroll, Corey | 4) Domenech, Issac | | |

Men 4x400 Meter Relay

| School | Finals | Points |
|-------------------------------|------------------------|-------------------|
| 1 Piedmont 'A' | 3:23.92 | 10 |
| 1) Jackson, Brodrick | 2) Jacobs, Alvin | |
| 3) Smith, Darius | 4) Wilkes, Justin | |
| 1:43.171 (1:43.171) | 2:34.187 (51.016) | 3:23.912 (49.726) |
| 2 Methodist 'A' | 3:25.26 | 8 |
| 1) Dukes, Stephen | 2) Greene, Erran | |
| 3) Ayers, Connor | 4) Prichard, Jeremy | |
| 1:41.589 (1:41.589) | 2:36.848 (55.259) | 3:25.252 (48.404) |
| 3 William Peace 'A' | 3:25.58 | 6 |
| 1) Jackson, Quinten | 2) Brown, Walter | |
| 3) Sawyer, Cortez | 4) Hanna, Brandon | |
| 1:43.379 (1:43.379) | 2:35.212 (51.834) | 3:25.580 (50.368) |
| 4 Pfeiffer 'A' | 3:28.00 | 4 |
| 1) Colson, Tevin | 2) Foster, Nevin | |
| 3) Monroe, Dontavious | 4) Bryant, Sean | |
| 1:45.089 (1:45.089) | 2:36.567 (51.478) | 3:28.000 (51.434) |
| 5 Covenant 'A' | 3:29.65 | 2 |
| 1) Cone, Stephen | 2) Gaffin, David | |
| 3) Yeager, Brendan | 4) Bryan, William | |
| 1:46.432 (1:46.432) | 2:38.735 (52.303) | 3:29.645 (50.911) |
| 6 Berea 'A' | 3:33.77 | 1 |
| 1) Carroll, Corey | 2) Domenech, Issac | |
| 3) Salgado, Sair | 4) West, Johnathan | |
| 1:47.249 (1:47.249) | 2:41.719 (54.470) | 3:33.769 (52.051) |
| 7 Brevard 'A' | 3:39.25 | |
| 1) Kingsberry, Ke'VeL | 2) Jackson, Quentin | |
| 3) Parks, Jamerial | 4) Walton, Christopher | |
| 1:48.669 (1:48.669) | 2:42.604 (53.935) | 3:39.241 (56.638) |
| 8 North Carolina Wesleyan 'A' | 3:39.43 | |
| 1) Achilles, cameon | 2) Tippet, Christian | |
| 3) Parker, Terenthen | 4) Harris, Raquan | |
| 1:47.025 (1:47.025) | 2:43.705 (56.680) | 3:39.428 (55.723) |

Men High Jump

| Name | Year School | Finals | Points |
|---|-------------|--------|--------|
| 1 Graham, Cameron | Piedmont | 1.90m | 10 |
| 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 | | | |
| P P P O O XO XO XXX | | | |

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| | | | | |
|----|------------------------------------|---------------|--------|---|
| 2 | Prichard, Jeremy | Methodist | 1.85m | 8 |
| | 1.60 1.65 1.70 1.75 1.80 1.85 1.90 | | | |
| | P P P P O O XXX | | | |
| 3 | Sawyer, Cortez | William Peace | J1.85m | 6 |
| | 1.60 1.65 1.70 1.75 1.80 1.85 | | | |
| | P P P P XO XO | | | |
| 4 | Graham, Jerrel | Unat-Mary Ba | 1.80m | 4 |
| | 1.60 1.65 1.70 1.75 1.80 1.85 | | | |
| | P O O O XO XXX | | | |
| 5 | Bell, Dave | Berea | 1.70m | 2 |
| | 1.60 1.65 1.70 1.75 | | | |
| | P P O XXX | | | |
| 6 | Mbadugha, John | Piedmont | 1.65m | 1 |
| | 1.60 1.65 1.70 | | | |
| | O O XXX | | | |
| 7 | Clark, Matt | Piedmont | J1.65m | |
| | 1.60 1.65 1.70 | | | |
| | O XO XXX | | | |
| 7 | Ball, John | Berea | J1.65m | |
| | 1.60 1.65 1.70 | | | |
| | P XO XXX | | | |
| 9 | Dukes, Stephen | Methodist | J1.65m | |
| | 1.60 1.65 1.70 | | | |
| | O XXO XXX | | | |
| 10 | Kingsberry, Ke'VeL | Brevard | 1.60m | |
| | 1.60 1.65 | | | |
| | O XXX | | | |
| -- | Brindle, Jonathan | Pfeiffer | NH | |
| | 1.60 1.65 | | | |
| | P XXX | | | |
| -- | Stover, Darius | William Peace | NH | |
| | 1.60 1.65 1.70 | | | |
| | P P XXX | | | |

Men Pole Vault

| Name | Year | School | Finals | Points |
|------------------|---------------------|---------------|--------|--------|
| 1 Mbadugha, John | | Piedmont | 3.80m | 10 |
| | 3.50 3.65 3.80 4.05 | | | |
| | O O O XXX | | | |
| 2 Hayes, Cooper | | Covenant | 3.65m | 8 |
| | 3.35 3.50 3.65 3.80 | | | |
| | O O O XXX | | | |
| 3 Wilkes, Justin | | Piedmont | 2.90m | 6 |
| | 2.75 2.90 3.05 | | | |
| | O XO XXX | | | |
| 4 Bell, Dave | | Berea | 2.75m | 4 |
| | 2.75 2.90 | | | |
| | XXO XXX | | | |
| -- Smith, Trevon | | William Peace | NH | |
| | 2.75 | | | |
| | XXX | | | |

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Men Long Jump

| Name | Year | School | Finals | Wind | H# | Points |
|--|------|----------------------------------|--------|------|----|--------|
| 1 Graham, Cameron | | Piedmont | 7.02m | 3.1 | 2 | 10 |
| 6.69m(0.8) PASS | PASS | 6.66m(1.0) 7.02m(3.1) PASS | | | | |
| 2 Jordan, Anthony | | Piedmont | 6.86m | +0.0 | 2 | 8 |
| 6.49m(-3.5) 6.86m(+0.0) PASS | | 6.31m(0.2) FOUL(+0.0) 6.02m(1.3) | | | | |
| 3 Sawyer, Cortez | | William Peace | 6.64m | 0.5 | 1 | 6 |
| 6.50m(1.5) 6.64m(0.5) PASS(+0.0) PASS | PASS | PASS | | | | |
| 4 Stover, Darious | | William Peace | 6.30m | 0.5 | 2 | 4 |
| 6.07m(1.5) 6.24m(+0.0) 6.30m(0.5) 5.97m(0.5) FOUL(3.0) 5.53m(0.5) | | | | | | |
| 5 Howard, Vontre | | Methodist | 6.19m | 0.1 | 1 | 2 |
| 5.81m(2.4) 6.03m(1.4) FOUL(1.4) 6.19m(0.1) 5.76m(2.3) 5.80m(1.1) | | | | | | |
| 6 Mbadugha, John | | Piedmont | 6.16m | +0.0 | 2 | 1 |
| 5.69m(2.0) FOUL(+0.0) 6.16m(+0.0) FOUL(+0.0) 5.40m(2.9) 5.58m(1.3) | | | | | | |
| 7 Foster, Nevin | | Pfeiffer | 6.13m | -1.0 | 1 | |
| 6.02m(0.2) FOUL(+0.0) 5.68m(1.3) FOUL(+0.0) FOUL(0.1) 6.13m(-1.0) | | | | | | |
| 8 Ball, John | | Berea | 6.02m | 2.6 | 1 | |
| 6.02m(2.6) FOUL(2.2) 5.85m(0.8) 4.02m(1.3) 5.57m(-1.3) FOUL(1.9) | | | | | | |
| 8 Masters, Caleb | | Covenant | 6.02m | 1.2 | 2 | |
| 6.02m(1.2) 5.84m(+0.0) 5.60m(-0.8) FOUL(1.9) FOUL(1.5) 5.55m(1.9) | | | | | | |
| 10 Campbell, Keyshawn | | Pfeiffer | 5.97m | 1.1 | 2 | |
| 5.55m(1.5) 5.97m(1.1) 5.83m(+0.0) | | | | | | |
| 11 Jackson, Quinten | | William Peace | 5.96m | 0.5 | 2 | |
| FOUL(1.5) 5.73m(+0.0) 5.96m(0.5) | | | | | | |
| 12 Bell, Dave | | Berea | 5.93m | 0.5 | 2 | |
| 5.93m(0.5) PASS(0.3) 5.83m(1.6) | | | | | | |
| 13 Kingsberry, Ke'Veil | | Brevard | 5.92m | 1.4 | 1 | |
| 5.40m(1.6) 5.65m(1.3) 5.92m(1.4) | | | | | | |
| 14 Bright, Stefon | | Covenant | 5.75m | 1.2 | 2 | |
| 5.70m(1.2) 5.66m(+0.0) 5.75m(1.2) | | | | | | |
| 15 Graham, Jerrel | | Unat-Mary Ba | 5.72m | 1.0 | 1 | |
| 5.34m(3.0) 5.72m(1.0) 5.70m(2.3) | | | | | | |
| 16 Pritt, Jared | | Berea | 5.27m | 1.1 | 1 | |
| 5.06m(1.9) 4.89m(3.6) 5.27m(1.1) | | | | | | |
| 17 Doerwaldt, Max | | Unat-Mary Ba | 5.11m | 1.7 | 1 | |
| FOUL(1.9) 5.11m(1.7) FOUL(1.1) | | | | | | |
| 18 Vaughn, Deyton | | Pfeiffer | 5.10m | 1.9 | 1 | |
| 5.04m(2.0) 4.93m(0.8) 5.10m(1.9) | | | | | | |

Men Triple Jump

| Name | Year | School | Finals | Wind | Points |
|--|------|--|--------|------|--------|
| 1 Goodloe, Anthony | | Piedmont | 13.47m | +0.0 | 10 |
| 13.47m(+0.0) PASS | PASS | 13.33m(+0.0) 12.83m(+0.0) PASS | | | |
| 2 Howard, Vontre | | Methodist | 13.35m | +0.0 | 8 |
| 13.05m(+0.0) 13.05m(0.3) 13.05m(+0.0) 13.35m(+0.0) 13.21m(+0.0) FOUL(+0.0) | | | | | |
| 3 Jordan, Anthony | | Piedmont | 13.16m | 0.9 | 6 |
| 12.55m(+0.0) 13.16m(0.9) PASS | | 12.91m(+0.0) 12.97m(+0.0) 13.12m(+0.0) | | | |
| 4 Stover, Darious | | William Peace | 13.05m | 0.8 | 4 |
| FOUL(0.1) 13.05m(0.8) 11.91m(0.7) FOUL(+0.0) 11.23m(+0.0) PASS | | | | | |
| 5 Sawyer, Cortez | | William Peace | 12.46m | 0.3 | 2 |
| 12.46m(0.3) PASS | PASS | PASS | | | |
| 6 Bell, Dave | | Berea | 12.05m | 0.4 | 1 |
| 12.05m(0.4) PASS(0.9) 11.72m(0.2) FOUL | | 11.62m(+0.0) 11.72m(+0.0) | | | |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019
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Results

....Men Triple Jump

| | | | | |
|----|----------------------------------|--------------|------------|------------|
| 7 | Doerwaldt, Max | Unat-Mary Ba | 11.34m | +0.0 |
| | FOUL(+0.0) FOUL(+0.0) FOUL(+0.0) | 11.34m(+0.0) | FOUL(+0.0) | FOUL(+0.0) |
| -- | Graham, Jerrel | Unat-Mary Ba | FOUL | |
| | FOUL(+0.0) FOUL(+0.0) PASS | FOUL(+0.0) | PASS | PASS |

Men Shot Put

| Name | Year | School | Finals | H# | Points |
|----------------------|----------------------|----------------------|--------|----|--------|
| 1 Twitty, Darius | | Methodist | 13.27m | 2 | 10 |
| | 13.27m 12.85m 12.74m | 12.54m 12.36m 11.53m | | | |
| 2 Fennell, Kyle | | Brevard | 13.09m | 2 | 8 |
| | 12.34m 12.12m 12.61m | 12.70m 12.14m 13.09m | | | |
| 3 Underwood, Will | | Piedmont | 12.90m | 2 | 6 |
| | 12.32m 12.34m 11.81m | 12.49m 12.70m 12.90m | | | |
| 4 Boyles, Austin | | Methodist | 11.75m | 2 | 4 |
| | 11.64m 11.75m FOUL | FOUL 11.17m 11.36m | | | |
| 5 McClain, Killian | | Piedmont | 11.57m | 2 | 2 |
| | FOUL 11.01m 11.57m | FOUL 10.57m FOUL | | | |
| 6 Brayton, Richard | | Berea | 11.31m | 2 | 1 |
| | 10.86m 11.28m 10.85m | 11.31m 11.28m 11.24m | | | |
| 7 Anderson, Jalen | | Methodist | 11.28m | 2 | |
| | 10.88m 11.13m FOUL | 11.28m FOUL FOUL | | | |
| 8 Mershon, Mitchell | | Piedmont | 10.88m | 1 | |
| | 10.37m 10.83m 1.73m | 10.00m 10.88m FOUL | | | |
| 9 Covington, Gabriel | | Brevard | 10.63m | 1 | |
| | 10.63m 9.96m 9.64m | 9.85m 9.84m 9.07m | | | |
| 10 Rawlings, Michael | | Covenant | 10.37m | 1 | |
| | 9.63m 9.93m 10.37m | | | | |
| 11 Drake, Ari | | Brevard | 9.99m | 1 | |
| | 9.03m 9.99m 9.17m | | | | |
| 12 Weber, Austin | | Berea | 8.91m | 1 | |
| | 8.25m 8.82m 8.91m | | | | |
| 13 Thigpen, James | | Methodist | 8.50m | 1 | |
| | 8.50m 7.72m 8.12m | | | | |
| 14 Angiolillo, Dylan | | Berea | 8.49m | 1 | |
| | 8.28m 8.20m 8.49m | | | | |
| 15 Beckman, Jacob | | Berea | 7.05m | 1 | |
| | 6.14m 6.47m 7.05m | | | | |
| -- | Fisher, Tyler | Piedmont | FOUL | 2 | |
| | FOUL FOUL FOUL | | | | |

Men Discus Throw

| Name | Year | School | Finals | Points |
|--------------------|----------------------|----------------------|--------|--------|
| 1 McClain, Killian | | Piedmont | 37.62m | 10 |
| | FOUL 34.26m 33.46m | 37.03m 37.62m 37.02m | | |
| 2 Patterson, Jon | | Methodist | 37.22m | 8 |
| | 34.23m FOUL 27.18m | 37.22m 36.87m 31.93m | | |
| 3 Fisher, Tyler | | Piedmont | 34.46m | 6 |
| | 29.93m FOUL 29.55m | 34.46m 33.97m 33.04m | | |
| 4 Drake, Ari | | Brevard | 31.33m | 4 |
| | 29.90m 31.24m 31.33m | FOUL 27.45m 23.86m | | |

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Results

....Men Discus Throw

| | | | | |
|----|---------------------------------------|-----------|--------|---|
| 5 | Fennell, Kyle | Brevard | 31.15m | 2 |
| | FOUL 31.15m FOUL 16.01m FOUL FOUL | | | |
| 6 | Boyles, Austin | Methodist | 31.09m | 1 |
| | FOUL FOUL 29.00m 30.99m FOUL 31.09m | | | |
| 7 | Covington, Gabriel | Brevard | 29.97m | |
| | 23.78m FOUL 29.97m FOUL 28.20m FOUL | | | |
| 8 | Mershon, Mitchell | Piedmont | 29.23m | |
| | 29.23m 24.94m FOUL 27.70m FOUL FOUL | | | |
| 9 | Brayton, Richard | Berea | 29.14m | |
| | 29.14m 28.73m 27.74m 27.48m FOUL FOUL | | | |
| 10 | Underwood, Will | Piedmont | 28.97m | |
| | 28.97m 26.45m 27.64m | | | |
| 11 | Anderson, Jalen | Methodist | 28.59m | |
| | FOUL FOUL 28.59m | | | |
| 12 | Mbadugha, John | Piedmont | 27.09m | |
| | 27.09m 27.00m 26.05m | | | |
| 13 | Beckman, Jacob | Berea | 22.14m | |
| | 22.14m FOUL 20.54m | | | |
| 14 | Angiolillo, Dylan | Berea | 16.00m | |
| | 16.00m 11.95m FOUL | | | |

Men Hammer Throw

| Name | Year School | Finals | Points |
|----------------------|---|--------|--------|
| 1 McClain, Killian | Piedmont | 44.80m | 10 |
| | 41.14m FOUL 42.02m 44.80m 43.07m 40.79m | | |
| 2 Gill, Klayton | Pfeiffer | 41.74m | 8 |
| | 39.95m 33.89m 41.74m 41.25m 39.93m FOUL | | |
| 3 Fisher, Tyler | Piedmont | 35.49m | 6 |
| | FOUL FOUL 30.08m FOUL FOUL 35.49m | | |
| 4 Mershon, Mitchell | Piedmont | 35.46m | 4 |
| | 29.13m 35.46m 34.08m 31.29m 30.90m 33.89m | | |
| 5 Brayton, Richard | Berea | 33.79m | 2 |
| | FOUL 30.08m 31.94m FOUL 33.79m 30.61m | | |
| 6 Patterson, Jon | Methodist | 32.03m | 1 |
| | 29.24m 28.83m 30.02m 28.19m 32.03m 29.73m | | |
| 7 Underwood, Will | Piedmont | 30.42m | |
| | 26.38m 28.20m 29.16m 28.16m 29.01m 30.42m | | |
| 8 Anderson, Jalen | Methodist | 28.52m | |
| | 25.24m FOUL 27.00m 26.80m 28.52m FOUL | | |
| 9 Twitty, Darius | Methodist | 26.44m | |
| | 23.03m 23.25m 24.60m 25.20m 26.44m 24.54m | | |
| 10 Angiolillo, Dylan | Berea | 24.52m | |
| | 24.52m FOUL FOUL | | |
| 11 Beckman, Jacob | Berea | 20.30m | |
| | 20.30m FOUL 19.06m | | |

Men Javelin Throw

| Name | Year School | Finals | H# | Points |
|---------------------|---|--------|----|--------|
| 1 Brindle, Jonathan | Pfeiffer | 46.81m | 2 | 10 |
| | 41.61m 44.36m 46.04m 44.39m 46.81m FOUL | | | |

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Results

....Men Javelin Throw

| | | | | | |
|----|---|---------------|--------|---|---|
| 2 | Rawlings, Michael | Covenant | 43.30m | 2 | 8 |
| | 42.33m 43.30m 42.99m 40.49m 41.66m 40.45m | | | | |
| 3 | Weber, Austin | Berea | 40.93m | 2 | 6 |
| | 34.22m 37.47m 36.31m 36.89m 40.93m FOUL | | | | |
| 4 | Underwood, Will | Piedmont | 39.76m | 2 | 4 |
| | 38.48m FOUL 36.19m FOUL 37.92m 39.76m | | | | |
| 5 | Howard, Vontre | Methodist | 39.48m | 1 | 2 |
| | 38.34m 39.21m 25.96m FOUL 39.48m 39.19m | | | | |
| 6 | Dukes, Stephen | Methodist | 37.70m | 2 | 1 |
| | 37.70m 37.05m 37.11m 36.06m 36.27m 35.55m | | | | |
| 7 | Richardson, Will | Covenant | 37.48m | 2 | |
| | 32.65m 37.48m 32.31m 35.20m FOUL 36.02m | | | | |
| 8 | Crews, Nathan | Piedmont | 36.09m | 2 | |
| | 33.66m 36.09m 34.87m FOUL FOUL FOUL | | | | |
| 9 | Brayton, Richard | Berea | 35.40m | 2 | |
| | 31.69m FOUL 35.40m 35.20m 32.37m FOUL | | | | |
| 10 | Boyles, Austin | Methodist | 34.90m | 1 | |
| | FOUL 34.56m 34.90m | | | | |
| 11 | Mershon, Mitchell | Piedmont | 34.63m | 2 | |
| | FOUL 32.19m 34.63m | | | | |
| 12 | Fennell, Kyle | Brevard | 33.81m | 1 | |
| | FOUL 33.81m FOUL | | | | |
| 13 | Rodriguez, Elias | Methodist | 33.12m | 2 | |
| | 32.62m 33.12m 32.72m | | | | |
| 14 | Gill, Klayton | Pfeiffer | 32.45m | 2 | |
| | 32.27m FOUL 32.45m | | | | |
| 15 | Fisher, Tyler | Piedmont | 32.31m | 2 | |
| | 32.31m FOUL 29.49m | | | | |
| 16 | Wallace, Tyler | Pfeiffer | 31.99m | 2 | |
| | FOUL 31.21m 31.99m | | | | |
| 17 | Covington, Gabriel | Brevard | 27.88m | 1 | |
| | 21.31m 17.28m 27.88m | | | | |
| 18 | Spear, Ryan | William Peace | 27.83m | 1 | |
| | 20.52m 27.01m 27.83m | | | | |
| 19 | Smith, Trevon | William Peace | 27.63m | 1 | |
| | FOUL FOUL 27.63m | | | | |
| 20 | Woodard, Gregory | Unat-Mary Ba | 27.28m | 1 | |
| | FOUL 22.19m 27.28m | | | | |
| 21 | Ludwick, Devin | Pfeiffer | 26.74m | 1 | |
| | FOUL 26.74m FOUL | | | | |
| 22 | Hughes, Chandler | William Peace | 26.51m | 1 | |
| | 26.19m 26.51m FOUL | | | | |
| 23 | Beckman, Jacob | Berea | 25.06m | 1 | |
| | 21.38m 25.06m 24.39m | | | | |
| 24 | Doerwaldt, Max | Unat-Mary Ba | 24.55m | 1 | |
| | FOUL FOUL 24.55m | | | | |
| 25 | Graham, Jerrel | Unat-Mary Ba | 24.17m | 2 | |
| | 23.85m 24.17m 20.29m | | | | |
| 26 | Knox, Jeffery | William Peace | 21.58m | 1 | |
| | 18.90m 20.34m 21.58m | | | | |
| 27 | Angiolillo, Dylan | Berea | 17.20m | 1 | |
| | 17.20m FOUL FOUL | | | | |

USA South Track and Field Conference Championships - 4/18/2019 to 4/19/2019**4/18/2019 to 4/19/2019****Results****....Men Javelin Throw**
 =====
 Women - Team Rankings - 20 Events Scored
 =====

| | | | |
|--------------|-----|----------------------------|-----|
| 1) Piedmont | 215 | 2) Berea | 152 |
| 3) Methodist | 61 | 4) William Peace | 42 |
| 4) Covenant | 42 | 6) Meredith | 33 |
| 7) Pfeiffer | 32 | 7) Mary Baldwin University | 32 |
| 9) Brevard | 4 | | |

 =====
 Men - Team Rankings - 20 Events Scored
 =====

| | | | |
|--------------|-----|------------------|-----|
| 1) Piedmont | 170 | 2) Berea | 144 |
| 3) Methodist | 107 | 4) William Peace | 71 |
| 5) Pfeiffer | 55 | 6) Covenant | 40 |
| 7) Brevard | 23 | | |