

# HCAC Track Results

The BYU women's track team successfully defended its High Country Athletic Conference track and field title last weekend. Here are the complete results of the meet:

## HCAC Track and Field Championships

**Team Scores** 1. BYU 184 2. New Mexico 131 3. Wyoming 126 4. Utah State 56 and Colorado State 56 6. Utah 34.

**Event Results** — **100m**: Barbara Bell, UNM, 11.66; Angela Bridgeman, BYU, 12.08; Pam Posey, UNM, 12.15; Patty Mack, UNM, 12.26; Elaine Martin, BYU, 12.54; Lori Thayne, BYU, 12.64. **200m**: Bell, UNM, 23.89; Bridgeman, BYU, 24.16; Posey, UNM, 23.89; Kathy Romsa, Wyo, 25.40; Mack, UNM, 25.49; Helena Johnsson, Utah St., 25.52. **400m**: Johnsson, Utah St., 55.82; Barbara Rainey, Utah St., 56.34; Joyce Russell, Wyo., 56.73; Corinne Diamond, Utah, 57.54; Michelle Richardson, UNM, 59.28; Yolanda Sommers, UNM, 1:01.19. **800m**: Aisling Molloy, BYU, 2:08.06; Denise Pidcock, Utah St., 2:11.21; Dawn Wilgar, Wyo, 2:11.41; Joan Starrett, UNM, 2:11.61; Michelle Wertz, CSU, 2:12.88; Annie Reid, Wyo, 2:14.68. **1500m**: Molloy, BYU, 4:31.74; Karen Plummer, CSU, 4:32.49; Carole Roybal, UNM, 4:34.59; Tammy Rudnick, CSU, 3:34.93; Kristi Rapp, UNM, 4:36.36; Alison Hollington, Wyo, 4:36.63. **3000m**: Avril McClung, BYU, 9:54.34; Janell Neeley, BYU, 9:54.64; Robin Wolfe, CSU, 9:54.97; Hollington, Wyo, 10:04.12; Linda Mitchell, UNM, 10:12.18; Susan Tanner, BYU, 10:12.79. **5000m**: Jill Holiday, BYU, 17:23.12; Kelly Champagne, UNM, 17:31.58; Julie Benzel,

CSU, 17:34.51; Brenda Gray, Wyo, 17:37.93; Jocelyn Whitehead, BYU, 17:54.45; Gina Nelson, CSU, 18:20.28. **10,000m**: Neeley, BYU, 37:14.52; Champagne, UNM, 37:20.90; Kelly Watkins, Utah; Grace Gosar, Wyo; Christi Gauger, CSU; Debbie Espinoza, Wyo. **100m high hurdles**: Konnie Mackey, CSU, 14:23; Romsa, Wyo, 14.66; Lisa Budge, BYU, 15.06; Rhonda McLeod, Wyo, 15.30; Thayne, BYU, 15:34; Paige Sheffield, BYU, 15.40. **400m interm. hurdles**: Shannon Vessup, UNM, 57.99; Mackey, CSU, 58.93; Melody Tobert, Utah St., 1:03.19; Sheffield, BYU, 1:05.67; Shelly Hasen, Utah, 1:05.74; Laura Scholl, UNM, 1:07.69. **Shot Put**: Grace Apiafi, Wyo, 47-11½; Julie Jones, BYU, 47-1¼; Sandra Stendsen, Wyo, 44-8¾; Athena Kepas, BYU, 41-8½; Moni Kohlhoff, Wyo, 39-5¾; Kim Kesling, Utah, 38-5½. **High Jump**: Lauri Dew, BYU, 5-7; Kim Werner, UNM, 5-5; Romsa, Wyo, 5-5; Tara Spurlock, UNM, 5-3½; Lynn Schreyer, UNM, 4-11½. **Long Jump**: Spurlock, UNM, 19-8¼; McLeod, Wyo, 18-4½; Syd Laabs, BYU, 17-9; Melody Jones, BYU, 17-7; Romsa, Wyo, 17-4¾; Sheri Jo Coleman, BYU, 17-2. **Triple Jump**: Jones, BYU, 35-11½; Apiafi, Wyo, 35-10¾; Diane Leffler, CSU, 35-1; Sharon Newcomer, Wyo, 33-8; Coleman, BYU, 33-3¾. **Discus**: Jones, BYU, 49.42; Kepas, BYU, 46.15; Apiafi, Wyo, 42.25; Sue Dualls, UNM, 40.17; Sandra Stenseng, Wyo, 36.77; Kohlhoff, Wyo, 33.46. **Javelin**: Cathy Zuniga, BYU, 167-2; Stenseng, Wyo, 156-10; Jaren Hansen, Utah, 116-5; Romsa, Wyo, 114-9; Kepas, BYU, 111-3½; Pam Roberts, Utah St., 104-11. **400m relay**: New Mexico 45.59; BYU 47.31; Utah State 48.20; Utah 48.90; Wyoming 48.91; Colorado State 52.64. **1,600m relay**: New Mexico 3:46.21; Utah State 3:52.35; BYU 3:53.81; Wyoming 3:55.50; Colorado State 3:57.01; Utah 4:05.96.

## **Final Heptathlon Totals**

1. Kathy Romsa, Wyoming, 5258;
2. Kristina Ponton, Utah State, 5009;
3. Maren Hansen, Utah, 4627;
4. Shelly Hansen, Utah, 4557;
5. Syd Laabs, BYU, 4406;
6. Lynn Schreyer, New Mexico, 4355;
7. Mary Lynn Griffin, New Mexico, 3713;
8. Sharon Newcomer, Wyoming, 3348.