

# WEST COAST RELAYS

## HAMMER

1967	Jim Pryde, SBAC	208-8	George Frenn, Pasadena AA 205-7	Stew Thomson, NYAC 192-4	Clark Ballard, SCVYV 182-9	Bob Humphreys, Pas AA 155-4	
1971	George Frenn, PCC	226-4	Larry Hart, US Army 181-11	Keith Tice, Fresno St 179-10	Dale Frederick, US Army 169-5	Wayne Barbee, unatt 165-3	
1972	George Frenn, Pacific Coast Club	219-2	Larry Hart, Armed Force 197-10	Bill Shuff, Armed Forces 195-4	Mike Cairns, Vancouver OC 189-7		
1973	George Frenn, Striders	206-7	Bill Shuff, US Army 205-1	Murray Keating, Simon Fraser 199-7	Bill Diehl, US Army 196-6		
1974	Tom Gage, NYAC	221-11	Bill Shuff, US Army 208-10	Bill Diehl, US Army 207-1	Larry Hart, US Army 206-8	George Frenn, unatt 201-7	
1975	Bill Diehl, US Army	212-0	Ed Arcaro, unatt 209-9	Larry Hart, unatt 204-6	Bill Shuff, US Army 201-3		
1976	Larry Hart, NYAC	215-4	David McKenzie, West Valley TC 214-3	Bill Shuff, US Army 212-3	Bill Diehl, US Army 210-7		
1977	Tom Gage, NYAC	212-0	David McKenzie, West Valley TC 205-2	Ed Arcaro, Maccabi 201-2	Aldo Congi, San Jose St 180-11	Dave Fuller, LBCC 180-3	
1978	Scott Neilson, Washington	235-4	David McKenzie, unatt 211-3	Pete Galle, Maccabi 202-9	Tom Myers, Chicago TC 187-6	Scott Leishman, US Army 181-9	
1979	Peter Galle, Maccabi TC	212-3	John Goldhammer, Agape TC 196-10	Ed Arcaro, Maccabi TC 192-10	Scott Leishman, US Army 187-10	Dave Thomson, Stanford 186-5	